

2017 PAN AMERICAN MASTERSWEIGHTLIFTING CHAMPIONSHIPS

REGISTERED FOR IWF-MASTERS DRUG TESTING

June 09-11 2017

Santo Domingo, Dominican Republic

National Chairman: **Ergan Montilla** erganterapia56@hotmail.com
Competition Director: **Maritza Ortiz** dosmilsonrisas@yahoo.com
Secretary of Competition: **Faustina Rondon** rondon_faustina@hotmail.com
Competition Head Referee: José Potter
Entries: **Luigino Matos** luig45@yahoo.com

Athletes: Please send your entry forms and registration fee to your respective National Chairman no later than April 6, 2017.

Entry fees are not refundable

Registration fee per athlete	U\$100.00
Registration fee per team (Chairman Only)	U\$ 50.00
Banquet, Sunday June 11, 2017	U\$ 35.00

Proof of entry: In the event of a dispute regarding the timely submission of the Entry Form, all lifters must have proof of having mailed the Entry Form to their National Chairman. To ensure evidence of timely submission, you are encouraged to mail the entry form by Certified Mail and Return Receipt Requested or hand-in to your Chairman in person

Elegibility: All master lifters properly registered with their respective National Masters Program who are at least 35 years of age on or before December 31, 2017. Participants must show proof of age and current registration in their respective National Weightlifting Federation at the time of weigh-in Age Groups.

Competition Venue

The competition will take place Friday, Saturday and Sunday in the **Weightlifting Pavilion Dr. Jose Joaquin Puello, Parque Deportivo del Este, Santo Domingo Este.**

Hotel

Hotel **BelleVue Dominican Bay, Boca Chica**
Address: Ave. 20 de Diciembre, Boca Chica 9999, República Dominicana
Telephone: +1 809-412-2001

Note from Canadian Masters Weightlifting Federation: Please do not send in Hotel Registration Money with this application. Please register and pay for your own Hotel accommodation. Thank you.

Room rate: **U\$80.00** double room (two persons & Includes meals)
U\$96.00 single room (one person & Include meals)

Rooms are limited so please book on time.

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Airport

Aeropuerto Internacional Las Américas (SDQ), Santo Domingo, República Dominicana

Transportation (included in the room rate)

Airport – Hotel – Airport

Hotel – Venue – Hotel

Technical Congress

It will be held Thursday 8th in the Hotel at 19:00 hours.

Opening Ceremony

The opening ceremony is Schedule for Friday 9 at 09:00 hours. The bus will be ready at 07:30 hours to take you to the venue. It is prepared a special program so we encourage to the athletes and their family to attend. The award ceremonies will take place among the respective sessions during the competition.

Banquet

Will take place on Sunday 11 at 19:30 hours. (Cost \$35.00 USD).

Annual Congress

The Annual Congress will take place during the Banquet Sunday evening.

Competition days

June 9, 10 and 11, 2017

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Age Groups

Men: M35-39 M40-44 M45-49 M50-54 M55-59 M60-64 M65-69 M70-74
M75-79 M80+

Women: W35-39 W40-44 W45-49 W50-54 W55-59 W60-64 W65-69 W70+

Qualifying Totals for Men

(Minimum start weight in snatch and clean & jerk is 26kg)

Category	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80+
56k	137	130	125	115	102	92	80	67	62	55
62k	152	145	137	127	112	102	90	75	67	57
69k	167	160	150	140	125	112	97	82	75	60
77k	182	172	165	150	135	122	107	90	82	65
85k	192	182	175	160	142	130	112	95	87	70
94k	202	192	182	167	150	137	120	100	90	75
105k	210	200	190	175	157	142	122	102	95	80
+105k	217	207	197	182	165	150	127	107	100	85

At the 2017 Pan American Masters Men's Weightlifting Championship, no one will be allowed to start in the competition unless his first attempt Snatch plus his first attempt Clean and Jerk equals or is greater than a total 15 kilograms below the Qualifying Standards as summarized in the Lowest Starting Attempt Total table below.

Lowest Starting Attempt Total

Category	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80+
56k	122	115	110	100	87	77	65	52	52	52
62k	137	130	122	112	97	87	75	60	52	52
69k	152	145	135	125	110	97	82	67	60	52
77k	167	157	150	135	120	107	92	75	67	52
85k	177	167	160	155	127	115	97	80	72	55
94k	187	177	167	152	135	122	105	85	75	60
105k	195	185	175	160	142	127	107	87	80	65
+105k	202	192	182	167	150	135	112	92	85	70

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Qualifying Totals for Women

(Minimum start weight in snatch and clean & jerk is 21kg)

Category	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70+
48k	70	65	62	60	55	52	50	47
53k	72	70	65	62	57	55	52	50
58k	77	72	70	65	62	57	55	52
63k	80	75	72	70	65	60	57	55
69k	85	80	75	72	67	62	60	57
75k	87	82	77	75	70	65	62	60
90k	91	86	81	78	74	66	63	61
+90k	95	90	85	82	77	67	65	62

At the 2017 Pan American Masters Women's Weightlifting Championship, no one will be allowed to start in the competition unless her first attempt Snatch plus his first attempt Clean and Jerk equals or is greater than a total 10 kilograms below the Qualifying Standards as summarized in the Lowest Starting Attempt Total table below.

Lowest Starting Attempt Total

Category	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70+
48k	60	55	52	50	45	42	42	42
53k	62	60	55	52	47	45	42	42
58k	67	62	60	55	52	47	42	42
63k	70	65	62	60	55	50	47	45
69k	75	70	65	62	57	52	50	47
75k	77	72	67	65	60	55	52	50
90k	91	86	81	78	74	66	63	61
+90k	95	90	85	82	77	67	65	62

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PRELIMINARY COMPETITION SCHEDULE

Subject to changes in the Final Verification

DATE	WEIGH IN	START	AGE GROUP	CATEGORY
FRIDAY 9	09:00	11:00	M70 ,M75, M80	ALL
	11:00	13:00	W60, W65, W70	ALL
	13:00	15:00	M65	ALL
	15:00	17:00	W45, W50	ALL
SATURDAY 10	11:00	13:00	M60	ALL
	13:00	15:00	M55	ALL
	15:00	17:00	M50	ALL
SUNDAY 11	09:00	11:00	M45	ALL
	11:00	13:00	M40	ALL
	13:00	15:00	M35	ALL

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Individual Official Entry Form

Please clearly TYPE or PRINT all information

Please enter me in the kilogram class _____ age group ?__ male _female_ of the 2017 Pan American Masters Weightlifting Championships at Parque Del Este, Santo Domingo, Republica Dominicana.

In consideration of my entry in this competition, I do hereby waive, and release the IWF Masters, Pan American Masters Committee, Asociacion Masters Dominicana de Levantamiento de Pesas, and their directors, officers, and agents, the meet director, competition personnel, volunteers, and all other related parties from any and all actions, liability, claim, and demands of every kind and nature that I or my heirs or personal representatives may have for bodily injury, for expenses of medical treatment, hospitalization, and other costs, damages or losses suffered or incurred by me in connection with my travel to and from the meet and my participation in the competition and related activities.

I agree that the IWF Masters, Pan American Masters Committee, Asociacion Masters Dominicana de Levantamiento de Pesas and their agents, including competition personnel and volunteers, may make judgments with appropriate input from available medical personnel as to my treatment, hospitalization or other medical care in the event of my illness or accidental injury in connection with my participation in the competition should I be disabled or incompetent to make necessary and appropriate decisions concerning such treatment, hospitalization or other care. I authorize the IWF Masters, Pan American Masters Committee, Asociacion Masters Dominicana de Levantamiento de Pesas, and its agents (including competition personnel and volunteers) to make decisions for me as though they stood in a relationship to me of parent, guardian, or next of kin should circumstances require the aforementioned to make judgments and provide that my next of kin cannot be timely and / or conveniently contacted to participate in the making of such judgments. I hereby, release and agree to hold the IWF Masters, Pan American Masters Committee, Asociacion Masters Dominicana de Levantamiento de Pesas, and their agents (including competition personnel and volunteers) harmless for all expenses, causes of action, liability, claims, and demands arising from good faith judgments made by the aforementioned concerning my treatment, hospitalization and medical care in the event of my illness, injury and / or other emergency circumstances in connection with the competition.

I agree that I will be financially responsible for the treatment, hospitalization and other medical care received by me in the event of my illness, injury and / or other emergency circumstances in connection with the competition: except to the extent my injury and medical expenses, if any, are covered by accidental death, dismemberment, loss of sight, and medical reimbursement policies: in which event, I will nevertheless continue to be financially responsible for expenses of treatment, hospitalization and other medical care in excess of such policies limits.

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I agree to be filmed and photographed under conditions approved and authorized by the IWF Masters, Pan American Masters Committee and Asociacion Masters Dominicana de Levantamiento de Pesas, to include the use of my name, biographical information, public appearances, interviews, photographs, portraits, motion pictures and television recordings of my weightlifting performances and grant to the IWF Masters, Pan American Masters Committee and Asociacion Masters Dominicana de Levantamiento de Pesas, the right to record and make use of the same, and to authorize others to do so in promoting the competition and the success of weightlifting team on which I compete, to promote the image of the IWF Masters, Pan American Masters Committee and Asociacion Masters Dominicana de Levantamiento de Pesas, its sponsors, advertisers, and the sport of Olympic Weightlifting and to fund the activities of the IWF Masters and my National Masters Program. Furthermore, I declare that I agree to the contents of the IWF Masters Rule Book, pursuant to its latest revision at the time of this competition and, in particular, to the "IWF MASTERS ANTI DOPING" section 1.1 which states "The IWF Masters and Continental Masters follow the WADA and IWF Rules on Anti Doping" and 3.1 which states "The IWF and Continental Masters will liaise with the Championship Organizing Committees to ensure that the NADO (National Anti Doping Organization) of the country where the championship is taking place will cooperate to enable anti doping to be conducted and using the NADO DCO's (Doping Control Officers)."

I HAVE READ THIS RELEASE OF LIABILITY AND RISK ACCEPTANCE AND CONFIRM FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE COMMITTED MY SUBSTANTIAL RIGHTS BY SIGNING IT AND SIGNED IT FREE AND VOLUNTARILY WITHOUT PREJUDICE.

SIGNATURE _____ DATE _____

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PLEASE PRINT CLEAR

LASTNAME(S): _____

FIRST
NAME(S): _____

STREET:

CITY/TOWN: _____ COUNTRY _____

POSTAL CODE: _____

TELEPHONE: _____ / _____ / _____
(WORK) (HOME) (EMERGENCY)

EMAIL: (PLEASE CLEAR) _____

BIRTHDATE: Day _____ Month _____ Year _____

AGE AT 31 DECEMBER 2017: _____

BEST TOTAL BETWEEN JUNE 1, 2016 AND MAY 1, 2017: _____ KG

BODY WEIGHT _____ KG

NAME AND DATE OF COMPETITION

TOTAL QUALIFICATION FOR MY AGE GROUP AND BODYWEIGHT _____ KGS

Are you willing to serve as TO _____ ¿Your level?
____ National Level ____ IWF 1 ____ IWF 2

I am ready to officiate at any moment. ____
I am ready to officiate after my competition. ____

HOTEL RESERVATION (Include Payment with your Registration).

Select Hotel Room Type: Double Room (Two Beds) _____
Single Room (Single Bed) _____

Hotel Reservation Dates: From. _____ June. To. _____ June

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At the time of weigh-in, each lifter must present to the Competition Secretary one of the following documents:

Driver's license, passport, birth certificate, or government ID showing their date of birth. Lifters who do not show documentation to the Competition Secretary at the time of their weigh-in agree that they will only participate as Extra Lifters in the competition.

IWF -MASTERS RULE: Lifters cannot do the clean jerk after three failures in three snatch.

Fees: I register in the Pan American Masters Weightlifting Champs (\$100 US)

_____ Will you attend the Banquet (\$35US/person)? () Yes () No # ENTRANCES

_____ Total \$US _____

Having read and understood all of the above stated provisions; I, hereby, submit my Entry Form.

Signature _____ DATE _____

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Making changes to bodyweight class: According to IWF Masters Rules during the technical congress the athlete can move the bodyweight class from where was registered. One lifter can move up or down during the technical congress. The athlete cannot move down his/her bodyweight class after the technical congress but has to inform to the Secretary of Competition and attend to the lower bodyweight for moving to the heavier. If there is any question about it must consult with his/her National Chairman.

During the technical congress the National Chairmen will be ask to submit to the Competition Director the team entry list together with the fee of \$50 (USD) for men or women.

Any athlete who has not paid his/her entry fee before the technical congress won't be able to participate in the Championships

Awards: Medals will be presented to first, second, and third for totals only.
Best lifter for each age group (male and female)
Team awards for first, second, and third (male and female)

Training: All lifters may train at the competition venue.

Medals: Will be presented between sessions.

Weigh-In: All weigh-ins will take place at the official weigh-in assigned place at the competition venue.

Scale: There will be a check scale at the warm-up area adjacent to the official weigh-in room and at the competition hotel.

Other information:

Power: 120V

Weather: For these days it will be around 26 Celsius