

CANADIAN MASTERS WEIGHTLIFTING RECORDS - MEN
Les records Canadiens Maîtres d'haltérophilie - HOMMES

August 28, 2017 / 28 août 2017

Age Group / Catégorie d'âge : 30-34

<u>Wt.</u>	<u>Class</u>	<u>Lifter</u>	<u>Prov.</u>	<u>kg</u>	<u>Date</u>	<u>Competition</u>	<u>City/Ville</u>
	<u>Cat.</u>	<u>Athlète</u>					
Snatch / Arraché							
56							
62							
69		Keith LEONG	AB	100	31 Jan 15	Hokkaido Cup	Edmonton AB
77		Jay RHODES	ON	115	23 Apr 16	Canadian Masters	Bellville ON
85		Frank LONGO	ON	125	23 Apr 16	Canadian Masters	Bellville ON
94		Justin OTT	BC	135	14 Dec 13	B.C. Provincials	Surrey BC
105		Jade ROBERTSON	AB	125	18 Feb 17	AB Masters	Calgary AB
105+		Sean GAWLEY	ON	130	31 Mar 07	Ontario Seniors	Mississauga ON

Clean and Jerk / Épaulé-jeté

56							
62							
69		Keith LEONG	AB	115	31 Jan 15	Hokkaido Cup	Edmonton AB
77		Jay RHODES	ON	139	23 Apr 16	Canadian Masters	Belleville ON
85		Frank LONGO	ON	154	23 Apr 16	Canadian Masters	Belleville ON
94		Justin OTT	BC	167	17 May 14	Canadian Seniors	Saskatoon SK
105		Justin OTT	BC	167	27 Jun 15	Sea Festival Open	Surrey BC
105+		Mark SICARD	ON	161	23 Apr 16	Canadian Masters	Belleville ON

Total

56							
62							
69		Keith LEONG	AB	215	31 Jan 15	Hokkaido Cup	Edmonton AB
77		Jay RHODES	ON	254	23 Apr 16	Canadian Masters	Belleville ON
85		Frank LONGO	ON	279	23 Apr 16	Canadian Masters	Belleville ON
94		Justin OTT	BC	302	17 May 14	Canadian Seniors	Saskatoon SK
105		Justin OTT	BC	287	27 Jun 15	Sea Festival Open	Surrey BC
105+		Mark SICARD	ON	281	23 Apr 16	Canadian Masters	Belleville ON

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Age Group / Catégorie d'âge : 35-39

Wt.	Lifter	Prov.	kg	Date	Competition	City/Ville
<u>Class</u>	<u>Lifter</u>					
<u>Cat.</u>	<u>Athlète</u>					
Snatch / Arraché						
56	David PETIT	QC	79	19 Jun 10	Pan-Am Masters	Montreal QC
62	John FLORENTO	ON	87	09 June 17	Pan-Am Masters	Santo Domingo DR
69	Travis READY	BC	105	17 May 03	Canadian Seniors	Vancouver BC
77	Claude CAOUCETTE	QC	126	14 Jun 08	Canadian Masters	Mississauga ON
85	Glen HUTCHINSON	AB	126	05 Dec 15	Alberta Provincials	Calgary AB
94	Evgeniy ROMANOV	QC	135	06 Jun 98		Collingwood ON
105	Raf KORKOWSKI	BC	140	12 Dec 15	B.C. Provincials	Richmond BC
105+	Raf KORKOWSKI	BC	140	13 May 17	Canadian Masters	Lake Country BC

Clean and Jerk / Épaulé-jeté

56	David PETIT	QC	94	19 Jun 10	Pan-Am Masters	Montreal QC
62	Brian THOM	ON	110	03 Apr 98	Canadian Masters	St. Catharines ON
69	Alain MARTINEAU	QC	130	17 May 03	Canadian Seniors	Montreal QC
77	Jacques DEMERS	QC	155	22 May 99	Canadian Seniors	Montreal QC
85	Jason CAIN	SK	152	13 Dec 14	Reebok 306	Saskatoon SK
94	Glen HUTCHINSON	AB	160	17 May 14	Canadian Seniors	Saskatoon SK
105	Evgeniy ROMANOV	QC	165	22 May 99	Canadian Seniors	Montreal QC
105+	Raf KORKOWSKI	BC	165	13 May 17	Canadian Masters	Lake Country BC

Total

56	David PETIT	QC	173	19 Jun 10	Pan-Am Masters	Montreal QC
62	John FLORENTO	ON	196	09 June 17	Pan-Am Masters	Santo Domingo DR
69	Travis READY	BC	232	17 May 03	Canadian Seniors	Vancouver BC
77	Jacques DEMERS	QC	280	22 May 99	Canadian Seniors	Montreal QC
85	Glen HUTCHINSON	AB	272	05 Dec 15	Alberta Provincials	Calgary AB
94	Jamie RULE	BC	285	13 May 17	Canadian Masters	Lake Country BC
105	Raf KORKOWSKI	BC	301	12 Dec 15	B.C. Provincials	Richmond BC
105+	Raf KORKOWSKI	BC	305	13 May 17	Canadian Masters	Lake Country BC

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Age Group / Catégorie d'âge : 40-44

<u>Wt.</u>	<u>Lifter</u>	<u>Prov.</u>	<u>kg</u>	<u>Date</u>	<u>Competition</u>	<u>City/Ville</u>
<u>Class</u>	<u>Athlète</u>					
<u>Cat.</u>						
Snatch / Arraché						
56	David PETIT	QC	76	03 Aug 13	World Master Games	Turin Italy
62	Behzad ALLAHYARI	QC	88	31 Mar 07	La Classique	Sherbrooke QC
69	Larry ROBINSON	ON	92	27 Sept 14	Bay of Quinte Open	Trenton ON
77	Claude CAOUETTE	QC	117	31 Oct 15	Championnat Senior Du Quebec	La Prairie QC
85	Kelly KROSCHINSKI	AB	125	15 Dec 03	Alberta Seniors	Edmonton AB
94	Guy MARINEAU	QC	138	17 Jul 07	Pan-Am Masters	El Paso TX
105	Tony WALT	ON	123	19 Jun 10	Pan-Am Masters	Montreal QC
105+	Paul KAHNERT	ON	140	04 Apr 98	Canadian Masters	St. Catharines ON

Clean and Jerk / Épaulé-jeté

56	David PETIT	QC	90	03 Aug 13	World Master Games	Turin Italy
62	Behzad ALLAHYARI	QC	103	19 Mar 07	Canadian Seniors	St. Thomas ON
69	Larry ROBINSON	ON	116	27 Sept 14	Bay of Quinte Open	Trenton ON
77	Robert LOCKWOOD	AB	145	28 Jan 11	Hokkaido Cup	Edmonton AB
85	Kelly KROSCHINSKI	AB	160	15 Dec 03	Alberta Seniors	Edmonton AB
94	Guy MARINEAU	QC	170	31 Aug 06	Word Masters	Eysines FRA
105	Steven SANDOR	ON	155	04 Apr 98	Canadian Masters	St. Catharines ON
105+	Paul KAHNERT	ON	170	04 Apr 98	Canadian Masters	St. Catharines ON

Total

56	David PETIT	QC	166	03 Aug 13	World Master Games	Turin Italy
62	Behzad ALLAHYARI	QC	190	31 Mar 07	La Classique	Sherbrooke QC
69	Larry ROBINSON	ON	208	27 Sept 14	Bay of Quinte Open	Trenton ON
77	Robert LOCKWOOD	AB	260	27 Mar 11	Western Canada's	Richmond BC
85	Kelly KROSCHINSKI	AB	285	15 Dec 03	Alberta Seniors	Edmonton AB
94	Guy MARINEAU	QC	307	31 Mar 07	La Classique	Sherbrooke QC
105	Steven SANDOR	ON	275	04 Apr 98	Canadian Masters	St. Catharines ON
105+	Paul KAHNERT	ON	310	04 Apr 98	Canadian Masters	St. Catharines ON

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Age Group / Catégorie d'âge : 45-49

<u>Wt.</u>	<u>Class</u>	<u>Lifter</u>	<u>Prov.</u>	<u>kg</u>	<u>Date</u>	<u>Competition</u>	<u>City/Ville</u>
	<u>Cat.</u>	<u>Athlète</u>					
Snatch / Arraché							
56							
62		Darryl SCHULTZ	AB	87	03 Apr 99	Canadian Seniors	Winnipeg MB
69		Darryl SCHULTZ	AB	92	23 Jan 99	Hokkaido Cup	Edmonton AB
77		Claude CAOUETTE	QC	114	09 Jun 17	Pan-Am Masters	Santo Domingo DR
85		Guy GREAVETTE	BC	116	25 Jul 05	World Master Games	Edmonton AB
94		Guy MARINEAU	QC	132	11 Jul 11	Pan-Am Masters	Savannah GA
105		Steven SANDOR	ON	120	31 Mar 01		St. Catharines ON
105+		Don MACNEILL	ON	125	12 Aug 98	World Masters	Portland OR

Clean and Jerk / Épaulé-jeté

56							
62		Darryl SCHULTZ	AB	115	03 Apr 99	Canadian Seniors	Winnipeg MB
69		Darryl SCHULTZ	AB	117	23 Jan 99	Hokkaido Cup	Edmonton AB
77		Claude CAOUETTE	QC	132	17 Jun 16	Pan-Am Masters	San Juan PR
85		Bob WALT	ON	137	04 Apr 98	Canadian Masters	St. Catharines ON
94		Guy MARINEAU	QC	160	11 Jul 11	Pan-Am Masters	Savannah GA
105		Dalas SANTAVY	ON	155	25 Feb 17	Ontario Masters	St. Thomas ON
105+		Don MACNEILL	ON	165	12 Aug 98	World Masters	Portland OR

Total

56							
62		Darryl SCHULTZ	AB	202	03 Apr 99	Canadian Seniors	Winnipeg MB
69		Darryl SCHULTZ	AB	210	23 Jan 99	Hokkaido Cup	Edmonton AB
77		Claude CAOUETTE	QC	241	09 Jun 17	Pan-Am Masters	Santo Domingo DR
85		Guy GREAVETTE	BC	251	25 Jul 05	World Master Games	Edmonton AB
94		Guy MARINEAU	QC	292	11 Jul 11	Pan-Am Masters	Savannah GA
105		Dalas SANTAVY	ON	275	25 Feb 17	Ontario Masters	St. Thomas ON
105+		Don MACNEILL	ON	290	12 Aug 98	World Masters	Portland OR

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Age Group / Catégorie d'âge : 50-54

<u>Wt.</u>	<u>Lifter</u>	<u>Prov.</u>	<u>kg</u>	<u>Date</u>	<u>Competition</u>	<u>City/Ville</u>
<u>Class</u>	<u>Athlète</u>					
<u>Cat.</u>						
Snatch / Arraché						
56	Martin TEMPELAAR	ON	49	21 Feb 15	Ontario Masters	St. Thomas ON
62	Yves CARIGNAN	QC	80	04 Sep 03	World Masters	Savannah GA
69	Yves CARIGNAN	QC	81	28 Oct 06	Quebec Masters	Montreal QC
77	Craig BOWMAN	ON	100	07 Apr 01		Belleville ON
85	Terry HADLOW	MB	113	25 Sep 10	World Masters	Ciecenow POL
94	Bob WALT	ON	108	11 Oct 00	World Masters	Orlando FL
105	Bob WALT	ON	112	15 Apr 00	Canadian Masters	Belleville ON
105+	Clive SMITH	AB	107	28 Jun 14	B.C. Sea Festival	Surrey BC

Clean and Jerk / Épaulé-jeté

56	Martin TEMPELAAR	ON	65	21 Feb 15	Ontario Masters	St. Thomas ON
62	Yves CARIGNAN	QC	103	23 Apr 03		Montreal QC
69	Darryl SCHULTZ	AB	105	23 Jul 05	World Master Games	Edmonton AB
77	Craig BOWMAN	ON	128	07 Apr 01		Belleville ON
85	Terry HADLOW	MB	135	27 Sep 08	World Masters	Kefalonia GRE
94	Bob WALT	ON	137	11 Oct 00	World Masters	Orlando FL
105	Serge CHRETIEN	QC	146	20 Jun 09	Canadian Masters	Montreal QC
105+	Clive SMITH	AB	136	28 Jun 14	B.C. Sea Festival	Surrey BC

Total

56	Martin TEMPELAAR	ON	114	21 Feb 15	Ontario Masters	St. Thomas ON
62	Yves CARIGNAN	QC	182	30 Sep 04	World Masters	Baden Austria
69	Yves CARIGNAN	QC	181	28 Oct 06	Quebec Masters	Montreal QC
77	Craig BOWMAN	ON	227	07 Apr 01		Belleville ON
85	Terry HADLOW	MB	248	25 Sep 10	World Masters	Ciecenow POL
94	Bob WALT	ON	245	11 Oct 00	World Masters	Orlando FL
105	Bob WALT	ON	257	15 Apr 00	Canadian Masters	Belleville ON
105+	Clive SMITH	AB	243	28 Jun 14	B.C. Sea Festival	Surrey BC

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Age Group / Catégorie d'âge : 55-59

Wt.	Class	Lifter	Prov.	kg	Date	Competition	City/Ville
Cat.		Athlète					
Snatch / Arraché							
56		Martin TEMPELAAR	ON	45	24 Apr 17	World Masters	Auckland NZ
62		Yves CARIGNAN	QC	84	13 Jul 07	Pan-Am Masters	El Paso TX
69		Jacques GIASSON	ON	75	21 Jun 14	Canadian Masters	Scarborough ON
77		Ian WEBB	ON	92	21 Jun 14	Canadian Masters	Scarborough ON
85		Terry HADLOW	MB	108	14 Jun 13	Pan-Am Masters	Itasca Illinois
94		Guy GREAVETTE	BC	100	23 Apr 16	Canadian Masters	Belleville ON
105		Bob WALT	ON	102	16 Oct 04		Belleville ON
105+		Arthur FRENETTE	BC	84	13 May 17	Canadian Masters	Lake Country BC

Clean and Jerk / Épaulé-jeté

56		Martin TEMPELAAR	ON	63	24 Apr 17	World Masters	Auckland NZ
62		Yves CARIGNAN	QC	100	13 Jul 07	Pan-Am Masters	El Paso TX
69		Jacques GIASSON	ON	91	21 Jun 14	Canadian Masters	Scarborough ON
77		Ian WEBB	ON	111	05 Jun 15	Pan-Am Masters	Savannah GA
85		Terry HADLOW	MB	133	05 Jun 15	Pan-Am Masters	Savannah GA
94		Jocelyn NORMAND	QC	128	23 Apr 16	Canadian Masters	Trenton ON
105		Bob WALT	ON	130	16 Oct 04		Belleville ON
105+		Ayman MAZHAR	ON	107	23 Apr 16	Canadian Masters	Belleville ON

Total

56		Martin TEMPELAAR	ON	108	24 Apr 17	World Masters	Auckland NZ
62		Yves CARIGNAN	QC	184	13 Jul 07	Pan-Am Masters	El Paso TX
69		Jacques GIASSON	ON	166	21 Jun 14	Canadian Masters	Scarborough ON
77		Ian WEBB	ON	202	21 Feb 15	Ontario Masters	St. Thomas ON
85		Terry HADLOW	MB	240	14 Jun 13	Pan-Am Masters	Itasca Illinois
94		Jocelyn NORMAND	QC	223	23 Apr 16	Canadian Masters	Belleville ON
105		Bob WALT	ON	232	16 Oct 04		Belleville ON
105+		Arthur FRENETTE	BC	189	13 May 17	Canadian Masters	Lake Country BC

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Age Group / Catégorie d'âge : 60-64

<u>Wt.</u>	<u>Class</u>	<u>Lifter</u>	<u>Prov.</u>	<u>kg</u>	<u>Date</u>	<u>Competition</u>	<u>City/Ville</u>
<u>Cat.</u>		<u>Athlète</u>					
Snatch / Arraché							
56		Chun Hon CHAN	QC	65	11 Jun 99	Canadian Masters	Collingwood ON
62		Yves CARIGNAN	QC	65	30 Aug 14	World Masters	Copenhagen DK
69		Emery CHEVRIER	QC	85	11 Jun 99	Canadian Masters	Collingwood ON
77		Emery CHEVRIER	QC	95	19 Aug 00	Blue Mtn Open	Collingwood ON
85		Terry HADLOW	MB	90	13 May 17	Canadian Masters	Lake Country BC
94		John CASE	ON	91	20 Feb 16	Ontario Masters	St. Thomas ON
105		John CASE	ON	78	13 Aug 15	Masters World Cup	Dallas TX
105+		David DESROCHES	ON	81	25 Apr 15	Canadian Masters	Rouyn-Noranda QC

Clean and Jerk / Épaulé-jeté

56		Chun Hon CHAN	QC	80	04 Apr 98	Canadian Masters	St. Catharines ON
62		Yves CARIGNAN	QC	85	30 Aug 14	World Masters	Copenhagen DK
69		Emery CHEVRIER	QC	105	11 Jun 99	Canadian Masters	Collingwood ON
77		Emery CHEVRIER	QC	115	19 Aug 00	Blue Mtn Open	Collingwood ON
85		Terry HADLOW	MB	110	13 May 17	Canadian Masters	Lake Country BC
94		John CASE	ON	114	17 Jun 16	Pan-Am Masters	San Juan PR
105		Owen DUGUAY	QC	100	28 Apr 12	Canadian Masters	Scarborough ON
105+		David DESROCHES	ON	91	25 Apr 15	Canadian Masters	Rouyn-Noranda QC

Total

56		Chun Hon CHAN	QC	142	04 Apr 98	Canadian Masters	St. Catharines ON
62		Yves CARIGNAN	QC	150	30 Aug 14	World Masters	Copenhagen DK
69		Emery CHEVRIER	QC	190	11 Jun 99	Canadian Masters	Collingwood ON
77		Emery CHEVRIER	QC	210	19 Aug 00	Blue Mtn Open	Collingwood ON
85		Terry HADLOW	MB	200	13 May 17	Canadian Masters	Lake Country BC
94		John CASE	ON	205	17 Jun 16	Pan-Am Masters	San Juan PR
105		John CASE	ON	178	13 Aug 15	Masters World Cup	Dallas TX
105+		David DESROCHES	ON	172	25 Apr 15	Canadian Masters	Rouyn-Noranda QC

CANADIAN MASTERS WEIGHTLIFTING RECORDS - MEN
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August 28, 2017 / 28 août 2017

Age Group / Catégorie d'âge : 65-69

Wt.	Class	Lifter	Prov.	kg	Date	Competition	City/Ville
Cat.		Athlète					
Snatch / Arraché							
56		Chun Hon CHAN	QC	60	23 Sep 01	World Masters	Kefalonia GRE
62		Zdravko SOLESA	ON	40	08 Jun 02	Canadian Masters	Mississauga ON
69		Mark GOMES	ON	68	23 Apr 16	Canadian Masters	Belleville ON
77		Emery CHEVRIER	QC	93	03 Sept 03	World Masters	Savannah GA
85		Emery CHEVRIER	QC	80	12 Mar 05	Canadian Masters	Toronto ON
94		Bob WALT	ON	76	21 Jun 14	Canadian Masters	Scarborough ON
105		Iain DOUGLAS	ON	69	20 Feb 16	Ontario Masters	St. Thomas ON
105+							

Clean and Jerk / Épaulé-jeté							
56		Chun Hon CHAN	QC	75	23 Sep 01	World Masters	Kefalonia GRE
62		Zdravko SOLESA	ON	60	08 Jun 02	Canadian Masters	Mississauga ON
69		Mark GOMES	ON	86	23 Apr 16	Canadian Masters	Belleville ON
77		Emery CHEVRIER	QC	115	24 Sept 01	World Masters	Kefalonia GRE
85		Emery CHEVRIER	QC	107	12 Mar 05	Canadian Masters	Toronto ON
94		Bob WALT	ON	95	22 Feb 14	Ontario Masters	St. Thomas ON
105		Iain DOUGLAS	ON	85	05 Jun 15	Pan-Am Masters	Savannah GA
105+							

Total							
56		Chun Hon CHAN	QC	132	23 Sep 01	World Masters	Kefalonia GRE
62		Zdravko SOLESA	ON	100	8 Jun 02	Canadian Masters	Mississauga ON
69		Mark GOMES	ON	154	23 Apr 16	Canadian Masters	Belleville ON
77		Emery CHEVRIER	QC	205	09 Jun 01	Pan-Am Masters	Savannah GA
85		Emery CHEVRIER	QC	187	12 Mar 05	Canadian Masters	Toronto ON
94		Bob WALT	ON	165	22 Feb 14	Ontario Masters	St. Thomas ON
105		Iain DOUGLAS	ON	152	5 Jun 15	Pan-Am Masters	Savannah GA
105+							

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August 28, 2017 / 28 août 2017

Age Group / Catégorie d'âge : 70-74

<u>Wt.</u>	<u>Class</u>	<u>Lifter</u>	<u>Prov.</u>	<u>kg</u>	<u>Date</u>	<u>Competition</u>	<u>City/Ville</u>
	<u>Cat.</u>	<u>Athlète</u>					
Snatch / Arraché							
56							
62		Ken MILLER	ON	52	09 June 17	Pan-Am Masters	Santo Domingo DR
69		Zdravko SOLESA	ON	55	18 Aug 07	Blue Mtn Open	Collingwood ON
77		Emery CHEVRIER	QC	81	26 Aug 06	World Masters	Eysines FRA
85		Emery CHEVRIER	QC	83	02 Jul 06	Pan-Am Masters	St. Sauveur QC
94		John MARGOLIS	QC	57	23 Apr 16	Canadian Masters	Belleville ON
105		Gerry RICHARDSON	ON	57	20 Jul 05	World Master Games	Edmonton AB
105+							

Clean and Jerk / Épaulé-jeté

56							
62		Ken MILLER	ON	72	09 June 17	Pan-Am Masters	Santo Domingo DR
69		Zdravko SOLESA	ON	70	18 Aug 07	Blue Mtn Open	Collingwood ON
77		Marcel PERRON	QC	105	18 Jan 03		Chaudiere QC
85		Emery CHEVRIER	QC	104	02 Jul 06	Pan-Am Masters	St. Sauveur QC
94		John MARGOLIS	QC	75	23 Apr 16	Canadian Masters	Belleville ON
105		Gerry RICHARDSON	ON	77	20 Jul 05	World Master Games	Edmonton AB
105+							

Total

56							
62		Ken MILLER	ON	124	09 June 17	Pan-Am Masters	Santo Domingo DR
69		Zdravko SOLESA	ON	125	18 Aug 07	Blue Mtn Open	Collingwood ON
77		Emery CHEVRIER	QC	185	26 Aug 06	World Masters	Eysines FRA
85		Emery CHEVRIER	QC	187	02 Jul 06	Pan-Am Masters	St. Sauveur QC
94		John MARGOLIS	QC	132	23 Apr 16	Canadian Masters	Belleville ON
105		Gerry RICHARDSON	ON	134	20 Jul 05	World Master Games	Edmonton AB
105+							

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August 28, 2017 / 28 août 2017

Age Group / Catégorie d'âge : 75-79

<u>Wt.</u>	<u>Class</u>	<u>Lifter</u>	<u>Prov.</u>	<u>kg</u>	<u>Date</u>	<u>Competition</u>	<u>City/Ville</u>
<u>Cat.</u>		<u>Athlète</u>					
Snatch / Arraché							
56							
62							
69		Don SCHOURES	ON	28	07 May 11	Canadian Masters	Collingwood ON
77		Marcel PERRON	QC	70	14 Jun 08	Canadian Masters	Mississauga ON
85		Marcel PERRON	QC	67	07 May 11	Canadian Masters	Collingwood ON
94		Ed FERGUSSON	BC	48	17 Apr 13	Canadian Masters	Scarborough ON
105							
105+							

Clean and Jerk / Épaulé-jeté

56							
62							
69		Don VAUGHAN	BC	37	23 Apr 16	Canadian Masters	Belleville ON
77		Marcel PERRON	QC	95	14 Jun 08	Canadian Masters	Mississauga ON
85		Marcel PERRON	QC	88	07 May 11	Canadian Masters	Collingwood ON
94		Ed FERGUSSON	BC	65	25 May 13	OPF Invitational	Edmonton AB
105							
105+							

Total

56							
62							
69		Don VAUGHAN	BC	65	23 Apr 16	Canadian Masters	Belleville ON
77		Marcel PERRON	QC	165	14 Jun 08	Canadian Masters	Mississauga ON
85		Marcel PERRON	QC	155	07 May 11	Canadian Masters	Collingwood ON
94		Ed FERGUSSON	BC	110	17 Apr 13	Canadian Masters	Scarborough ON
105							
105+							

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August 28, 2017 / 28 août 2017

Age Group / Catégorie d'âge : 80-84

<u>Wt.</u>	<u>Class</u>	<u>Lifter</u>	<u>Prov.</u>	<u>kg</u>	<u>Date</u>	<u>Competition</u>	<u>City/Ville</u>
	<u>Cat.</u>	<u>Athlète</u>					
Snatch / Arraché							
56							
62							
69		Don VAUGHAN	BC	30	18 Mar 17	B.C. Masters	Vancouver BC
77		Marcel PERRON	QC	63	22 Feb 14	Ontario Masters	St. Thomas ON
85		Ed FERGUSSON	BC	42	28 Feb 15	A & R Memorial	Port Alberni BC
94							
105							
105+							

Clean and Jerk / Épaulé-jeté

56							
62							
69		Don VAUGHAN	BC	36	18 Mar 17	B.C. Masters	Vancouver BC
77		Marcel PERRON	QC	84	21 Jun 14	Canadian Masters	Scarborough ON
85		Ed FERGUSSON	BC	53	28 Feb 15	A & R Memorial	Port Alberni BC
94							
105							
105+							

Total

56							
62							
69		Don VAUGHAN	BC	66	18 Mar 17	B.C. Masters	Vancouver BC
77		Marcel PERRON	QC	147	21 Jun 14	Pan-Am Masters	Scarborough ON
85		Ed FERGUSSON	BC	95	28 Feb 15	A & R Memorial	Port Alberni BC
94							
105							
105+							