



2019 ATHLETE PROCEDURE FOR RECORD APPLICATION

1. Completing the Record Application Form for an athlete's participation in a Provincial Masters Competition will only be required if it is an athlete-established record that is being contested.
2. The Provincial Masters Competition Director is required to provide the CMWFHC President the completed ***"COMPETITION DIRECTOR'S VERIFICATION OF DOPING CONTROL AND REFEREE REQUIREMENTS"*** no later than two weeks after the Competition date.
3. The Records Secretary will examine the official results from all Provincial Masters and the Canadian Masters Weightlifting Championship and identify all athletes who have surpassed the Minimum Record Standards.
4. Only those athletes with the heaviest lift will be awarded Certificates and have their names recorded in our Record Charts.
5. In subsequent years this same procedure (#3, #4), will be followed for any uncontested lifts greater than the Minimum Record Standard. When an athlete-established record is broken, each athlete subsequently breaking that recorded will, as is current practice, receive a Certificate. However, only the heaviest lift is recorded in the Record Chart.
6. Members competing in an International Competition after the Canadian Masters Weightlifting Championship and up to the end of the calendar year, will receive Certificates if they surpass the Minimum Record Standards. That is, they are exempt from procedure #3 and #4.
7. Every attempt will be made to update the Record Charts for the website after the Canadian Masters Weightlifting Championship and when necessary, up to end of the calendar year. As well, Certificates will begin being issued after the CMWC.