

ONTARIO WEIGHTLIFTING ASSOCIATION
2015 Ontario Masters Open
St. Thomas, ON -- February 21, 2015

WOMEN

Age Group W65

SURNAME	FIRSTNAME	CAT	BWT	CLUB	Y o B	SNATCH			Best	CLEAN & JERK			Best	TOTAL	RANK	SINCLAIR TOTAL	S-M-M TOTAL
						1	2	3		1	2	3					
HELLENBART	Doris	58	58.00	BX	1947	20	22	x25	22	x28	28	31	31	53	1	74.617466	132.9683
LARSON	Dawn	69	66.65	GB	1949	22	25	x28	25	30	33	x36	33	58	1	74.332489	124.2096

Age Group W60

SURNAME	FIRSTNAME	CAT	BWT	CLUB	Y o B	SNATCH			Best	CLEAN & JERK			Best	TOTAL	RANK	SINCLAIR TOTAL	S-M-M TOTAL
						1	2	3		1	2	3					
HILL	Suzie	48	46.10	GC	1954	20	21	22	22	28	30	32	32	54	1	91.770619	140.9597

Age Group W50

SURNAME	FIRSTNAME	CAT	BWT	CLUB	Y o B	SNATCH			Best	CLEAN & JERK			Best	TOTAL	RANK	SINCLAIR TOTAL	S-M-M TOTAL
						1	2	3		1	2	3					
SCHRAFT	Heidi	48	47.90	TB	1961	25	28	x29	28	30	33	x34	33	61	1	83.753829	110.4713
STRAUGHAN	Kim	75	74.90	GC	1965	37	39	41	41	53	55	58	58	99	1	118.62418	147.4499

Age Group W45

SURNAME	FIRSTNAME	CAT	BWT	CLUB	Y o B	SNATCH			Best	CLEAN & JERK			Best	TOTAL	RANK	SINCLAIR TOTAL	S-M-M TOTAL
						1	2	3		1	2	3					
FERKO-HICKS	Danielle	58	54.10	HW	1968	41	44	46	46	44	47	49	49	95	1	140.98827	171.5827

Age Group W40

SURNAME	FIRSTNAME	CAT	BWT	CLUB	Y o B	SNATCH			Best	CLEAN & JERK			Best	TOTAL	RANK	SINCLAIR TOTAL	S-M-M TOTAL
						1	2	3		1	2	3					
FARRELL	Anita	53	52.10	NB	1971	40	45	x52	45	55	60	63	63	108	1	165.17969	195.4076
BERTRAND	Shelley	63	60.75	HW	1974	50	x54	54	54	53	56	59	59	113	1	153.92731	176.5546
MITCHELL	Kathleen Ann	69	67.45	VSW	1972	50	53	56	56	70	75	79	79	135	1	171.7458	200.9426
DATEMA	Melanie	69	68.70	ON	1974	47	52	x55	52	62	x68	x68	62	114	2	143.42642	164.5101
O'NEILL	Sara	75	74.35	STSA	1974	36	39	x41	39	50	x52	52	52	91	1	109.46821	125.56

Age Group W35

SURNAME	FIRSTNAME	CAT	BWT	CLUB	Y o B	SNATCH			Best	CLEAN & JERK			Best	TOTAL	RANK	SINCLAIR TOTAL	S-M-M TOTAL
						1	2	3		1	2	3					
WALLACE	Michelle	63	62.80	AW	1976	x51	51	x53	51	61	x64	x67	61	112	1	149.15481	167.7992
CROWL	Chantal	75	72.15	CWC	1976	50	52	x54	52	62	x66	66	66	118	1	144.30517	162.3433
KELLEHER	Leila	75+	111.05	HW	1978	47	50	52	52	57	60	62	62	114	1	117.72917	129.5021
PAONESSA	Sandra	75+	103.05	VSW	1976	x35	35	x40	35	60	65	68	68	103	2	108.40157	121.9518

Age Group W30

SURNAME	FIRSTNAME	CAT	BWT	CLUB	Y o B	SNATCH			Best	CLEAN & JERK			Best	TOTAL	RANK	SINCLAIR TOTAL	S-M-M TOTAL
						1	2	3		1	2	3					
DARBYSON	Nicki	53	50.95	STSA	1984	35	38	40	40	56	60	x64	60	100	1	155.77794	157.9588
KORMAN	Ashley	69	69.00	TW	1983	x54	55	58	58	74	x77	x77	74	132	1	165.64157	170.2795
CHIASSON	Marcia	75	74.90	GB	1981	58	61	x63	61	x77	77	x80	77	138	1	165.35492	174.9455

Guests

SURNAME	FIRSTNAME	CAT	BWT	CLUB	Y o B	SNATCH			Best	CLEAN & JERK			Best	TOTAL	RANK	SINCLAIR TOTAL	S-M-M TOTAL
						1	2	3		1	2	3					
GEORGE	Ashlea	63	62.85	GC	1981	54	x57	x57	54	68	70	x72	70	124	N/A	165.04792	174.6207

MEN

Age Group M80

SURNAME	FIRSTNAME	CAT	BWT	CLUB	Y o B	SNATCH			Best	CLEAN & JERK			Best	TOTAL	RANK	SINCLAIR TOTAL	S-M-M TOTAL
						1	2	3		1	2	3					
PERRON	Marcel	77	76.75	Concordia	1933	55	x60	60	60	75	80	x83	80	140	1	176.6269	533.06

Age Group M65

SURNAME	FIRSTNAME	CAT	BWT	CLUB	Y o B	SNATCH			Best	CLEAN & JERK			Best	TOTAL	RANK	SINCLAIR TOTAL	S-M-M TOTAL
						1	2	3		1	2	3					
ST. JEAN	Raymond	85	82.05	VV	1948	44	47	50	50	59	64	x68	64	114	1	138.7008	238.4267
DOUGLAS	Iain	105	101.20	GC	1949	50	60	65	65	70	75	x81	75	140	1	155.06057	259.1062

Age Group M60

SURNAME	FIRSTNAME	CAT	BWT	CLUB	Y o B	SNATCH			Best	CLEAN & JERK			Best	TOTAL	RANK	SINCLAIR TOTAL	S-M-M TOTAL
						1	2	3		1	2	3					
CASE	John	94	91.95	LA	1955	80	83	x85	83	95	100	105	105	188	1	216.54044	326.7595

Age Group M55

SURNAME	FIRSTNAME	CAT	BWT	CLUB	Y o B	SNATCH			Best	CLEAN & JERK			Best	TOTAL	RANK	SINCLAIR TOTAL	S-M-M TOTAL
						1	2	3		1	2	3					
HROUPA	Stepan	69	68.85	UTM	1956	55	x58	61	61	75	78	81	81	142	1	191.29331	283.1141
WEBB	Ian	77	76.40	OT	1959	82	x87	x87	82	102	107	110	110	192	1	242.86073	336.1193
BALO	Sandor	85	82.50	RC	1959	45	47	50	50	60	65	70	70	120	1	145.58751	201.4931
BOUTIN	Andre	94	91.85	Concordia	1960	86	91	93	93	111	116	121	121	214	1	246.6061	332.9182
CHRETIEN	Roland	105	102.60	SW	1959	55	63	x70	63	70	x75	x80	70	133	1	146.55909	202.8378
MAZHAR	Ayman	105+	115.50	VV	1959	75	x78	78	78	95	100	105	105	183	1	194.03857	268.5494

Age Group M50

SURNAME	FIRSTNAME	CAT	BWT	CLUB	Y o B	SNATCH			Best	CLEAN & JERK			Best	TOTAL	RANK	SINCLAIR TOTAL	S-M-M TOTAL
						1	2	3		1	2	3					
TEMPELAAR	Martin	56	55.95	NB	1961	45	x50	x50	45	60	65	x70	65	110	1	171.8035	226.6088
LEWIS	Gary	105	98.30	VBC	1961	x70	70	x73	70	90	94	98	98	168	1	188.17009	248.1964

Age Group M45

SURNAME	FIRSTNAME	CAT	BWT	CLUB	Y o B	SNATCH			Best	CLEAN & JERK			Best	TOTAL	RANK	SINCLAIR TOTAL	S-M-M TOTAL
						1	2	3		1	2	3					
VLAHOS	George	85	82.30	BMW	1969	80	83	85	85	100	x103	x103	100	185	1	224.72939	271.2484
WALT	Martin	105	96.90	SW	1968	91	96	101	101	115	120	123	123	224	1	252.33898	307.0965

Age Group M40

SURNAME	FIRSTNAME	CAT	BWT	CLUB	Y o B	SNATCH			Best	CLEAN & JERK			Best	TOTAL	RANK	SINCLAIR TOTAL	S-M-M TOTAL
						1	2	3		1	2	3					
MACKINNON	Kory	77	75.75	GG	1975	x85	87	93	93	107	112	117	117	210	1	266.93123	303.2339
GAULT	Thorin	105	95.40	CWC	1973	103	107	111	111	133	x139	140	140	251	1	284.57294	329.5355

Age Group M35

SURNAME	FIRSTNAME	CAT	BWT	CLUB	Y o B	SNATCH			Best	CLEAN & JERK			Best	TOTAL	RANK	SINCLAIR TOTAL	S-M-M TOTAL
						1	2	3		1	2	3					
FLORENTO	John	69	68.40	NB	1979	75	80	x83	80	100	x107	107	107	187	1	252.97969	274.9889
ALLAN	Ryan	85	84.80	OT	1980	108	x112	x115	108	142	147	x150	147	255	1	305.09065	327.0572
LEMIEUX	Chris	94	85.50	NOR	1978	100	105	x107	105	x130	130	x135	130	235	1	280.02098	308.0231
MILLER	Michael	105+	109.20	AW	1978	x93	93	x97	93	x113	116	x122	116	209	1	225.41348	247.9548

Age Group M30

SURNAME	FIRSTNAME	CAT	BWT	CLUB	Y o B	SNATCH			Best	CLEAN & JERK			Best	TOTAL	RANK	SINCLAIR TOTAL	S-M-M TOTAL
						1	2	3		1	2	3					
MENDOZA	Fernando A.	77	74.50	CCPA	1981	75	80	85	85	91	97	103	103	188	1	241.28876	255.2835
LEWIS	Alan	77	71.65	VBC	1984	x70	70	x75	70	90	x93	x93	90	160	2	210.21713	213.1602
RHODES	Jay	85	80.80	ON	1984	102	107	x112	107	135	x144	x144	135	242	1	296.82006	300.9755
BRINKMAN	Erik	94	88.00	BX	1983	x82	85	92	92	105	110	x115	110	202	1	237.37927	244.0259

Guests

SURNAME	FIRSTNAME	CAT	BWT	CLUB	Y o B	SNATCH			Best	CLEAN & JERK			Best	TOTAL	RANK	SINCLAIR TOTAL	S-M-M TOTAL
						1	2	3		1	2	3					
CASE	Andrew	77	74.30	LA	1991	77	81	86	86	x97	97	x102	97	183	N/A	235.24289	
GEBREMARIAM	Yafet	85	78.50	LA	1994	60	64	68	68	88	x94	95	95	163	N/A	203.07095	
WILLOUGHBY	Cameron	85	82.60	STSA	1993	x100	x101	x101	0	x130	130	x135	130	0	N/A	-----	
HAMMILL	Jadon	105	99.50	GBC	1985	x80	80	83	83	x100	100	x105	100	183	N/A	203.99996	204

Officials and Competition Management

	Session 1	Session 2	Session 3	Session 4	Session 5
Speaker	George Vlahos	George Vlahos	Thorin Gault	Larry Robinson	Larry Robinson
Referee	Mike Miller	Judy Quinn	Le-ann Patton	Shaun Leconte	Daniel Pare
Referee	Tyler Gregory	Tyler Gregory	Larry Robinson	Linda Rosario-Earnshaw	Irina Ivanova/Martha Munroe
Referee	Irina Ivanova	Thorin Gault	Tyler Gregory	Irina Ivanova	Linda Rosario-Earnshaw
Marshall	Le-ann Patton	Linda Rosario-Earnshaw	Linda Rosario-Earnshaw		
Technical Controller	Irina Ivanova	Kevin Wallace	Larry Robinson	Martha Munroe	Irina Ivanova/Martha Munroe
Scorekeeper	Linda Rosario-Earnshaw	Le-ann Patton	Judy Quinn	Le-ann Patton	Shaun Leconte
Timekeeper	Shaun Leconte	Mike Miller	Irina Ivanova	Chris House	Dave Earle

where two names appear as referee, Level IV adjudication was taking place

Club Abbreviations

AW	Adamantium Weightlifting	NOR	North Bay Norsemen
BMW	Blue Mountain Weightlifting	ON	Outlaw North
BX	BodyX Weightlifting	OT	Orillia Trojans
CCPA	CrossFit Canuck Platform Assassins	RC	Royal City Weightlifting
Concordia	Concordia, QC	STSA	St. Thomas Strength Athletics
CWC	Cornwall Weightlifting Club	SW	Sudbury Weightlifting
GB	Guelph Barbell Club	TB	Thunder Bay Weightlifting
GC	Garden City Weightlifting	TW	Toronto Weightlifting
GG	Garage Gym	UTM	University of Toronto Missisauga
HW	Hybrid Weightlifting	VBC	Victory Barbell Club
LA	London Atlas	VSW	Varbanov School of Weightlifting
NB	North Burlington Weightlifting	VV	Variety Village

Canadian Masters Records set

Women				Men			
DARBYSON, Nicki	53 kg	Snatch	40 kg	MENDOZA, Fernando	77 kg	Snatch	85 kg
	W30	C&J	60 kg		M30	C&J	103 kg
		Total	100 kg			Total	188 kg
KORMAN, Ashley	69 kg	Snatch	58 kg	ALLAN, Ryan	85 kg	C&J	147 kg
	W30	C&J	74 kg		M35	Total	255 kg
		Total	132 kg	TEMPELAAR, Martin	56 kg	C&J	65 kg
CHIASOON, Marcia	75 kg	Snatch	61 kg		M50		
	W30	C&J	77 kg	WEBB, Ian	77 kg	C&J	110 kg
		Total	138 kg		M55		
CROWL, Chantal	75 kg	Snatch	52 kg	BOUTIN, Andre	94 kg	Snatch	93 kg
	W35	C&J	66 kg		M55	C&J	121 kg
		Total	118 kg			Total	214 kg
MITCHELL, Kathleen Ann	69 kg	C&J	79 kg	MAZHAR, Ayman	105+ kg	Snatch	78 kg
	W40	Total	135 kg		M55	Total	183 kg
STRAUGHAN, Kim	75 kg	Snatch	41 kg	DOUGLAS, Iain	105 kg	Snatch	65 kg
	W50	C&J	58 kg		M65		
		Total	99 kg				
HELLENBART, Doris	58 kg	Snatch	22 kg				
	W65	C&J	31 kg				
		Total	53 kg				

*Reference: Canadian Masters Records - Women Updated June 21, 2014

*Reference: Canadian Masters Records - Men Updated Dec 9, 2014

Provincial Masters Records set

Women				Men			
WALLACE, Michelle	63 kg	Snatch	51 kg	FLORENTO, John	69 kg	Snatch	80 kg
	W35	C&J	61 kg		M35	C&J	107 kg
		Total	112 kg			Total	187 kg
CROWL, Chantal	75 kg	Snatch	52 kg	ALLAN, Ryan	85 kg	Snatch	108 kg
	W35	C&J	66 kg		M35	C&J	147 kg
		Total	118 kg			Total	255 kg
KELLEHER, Leila	75+ kg	Snatch	52 kg	LEMIEUX, Chris	94 kg	Snatch	105 kg
	W35	Total	114 kg		M35	C&J	130 kg
PAONESSA, Sandra	75+ kg	C&J	68 kg			Total	235 kg
	W35			MILLER, Michael	105+ kg	Snatch	93 kg
FERKO-HICKS, Danielle	58 kg	Snatch	46 kg		M35	C&J	116 kg
	W45	C&J	49 kg			Total	209 kg
		Total	95 kg				
SCHRAFT, Heidi	48 kg	Snatch	28 kg	MACKINNON, Kory	77 kg	Snatch	93 kg
	W50	C&J	33 kg		M40	C&J	117 kg
		Total	61 kg			Total	210 kg

HILL, Suzie	48 kg	Snatch	22 kg
	W60	C&J	32 kg
		Total	54 kg
HELLENBART, Doris	58 kg	Snatch	22 kg
	W65	C&J	31 kg
		Total	53 kg
BERTRAND, Shelley	63 kg	Snatch	54 kg
	W40	C&J	59 kg
		Total	113 kg
MITCHELL, Kathleen Ann	69 kg	Snatch	56 kg
	W40	C&J	79 kg
		Total	135 kg
LARSON, Dawn	69 kg	Snatch	25 kg
	W65	C&J	33 kg
		Total	58 kg
O'NEILL, Sara	75 kg	Snatch	39 kg
	W40	C&J	52 kg
		Total	91 kg
STRAUGHAN, Kim	75 kg	Snatch	41 kg
	W50	C&J	58 kg
		Total	99 kg

GAULT, Thorin	105 kg	Snatch	111 kg
	M40	C&J	140 kg
		Total	251 kg
VLAHOS, George	85 kg	Snatch	85 kg
	M45	C&J	100 kg
		Total	185 kg
WALT, Martin	105 kg	Snatch	101 kg
	M45	C&J	123 kg
		Total	224 kg
TEMPELAAR, Martin	56 kg	Snatch	45 kg
	M50	C&J	65 kg
		Total	110 kg
LEWIS, Gary	105 kg	Snatch	70 kg
	M50	C&J	98 kg
		Total	168 kg
HROUPA, Stepan	69 kg	Snatch	61 kg
	M55	C&J	81 kg
		Total	142 kg
WEBB, Ian	77 kg	Snatch	82 kg
	M55	C&J	110 kg
		Total	192 kg
BALO, Sandor	85 kg	Snatch	50 kg
	M55	C&J	70 kg
		Total	120 kg
CHRETIEN, Roland	105 kg	Snatch	63 kg
	M55	C&J	70 kg
		Total	133 kg
MAZHAR, Ayman	105+ kg	Snatch	78 kg
	M55	C&J	105 kg
		Total	183 kg
CASE, John	94 kg	Snatch	83 kg
	M60	C&J	105 kg
		Total	188 kg
ST. JEAN, Raymond	85 kg	Snatch	50 kg
	M65	C&J	64 kg
		Total	114 kg
DOUGLAS, Iain	105 kg	Snatch	65 kg
	M65	C&J	75 kg
		Total	140 kg