

**THESE RECORDS WERE BROKEN AT THE 2018 CANADIAN MASTERS
WEIGHTLIFTING CHAMPIONSHIPS**

**CES RECORDS ONT ÉTÉ BATTUS AUX CHAMPIONNAT CANADIEN
MAÎTRES DE 2018**

FEMMES

Athlete	Category	Sn/A	CJ/EJ	T
Brenda Fergusson - BC	W75 75	21, 23, 25	30	55
Doris Hellenbart - ON	W70 58	24, 26	33	59
Christine Walt - ON	W65 90	29, 31	40, 43, 45	71, 74, 76
Debbie Regan - ON	W60 69	-	44	75
Manon Poulin - QC	W55 63	45, 47, 48	54, 55	102, 103
Manon Croteau - QC	W50 63	51 (on chart)	66,68 (on chart)	117,119 (on chart)
Sylvie Guenette - ON	W50 63	48	65,67	113, 115
Madeleine Waterfield - ON	W50 69	44, 46	61	101, 104, 107
Garnetta Cromwell - ON	W50 90	-	62, 64	-
Joanne Moring - ON	W50 90	44	-	-
Carla Mikkola - ON	W50 90+	36, 38, 40	58, 61, 65	98, 101, 105
Claire MacKenzie - ON	W40 58	56, 59	-	129, 133
Isabelle Boilard - QC	W40 63	-	79	140
Shannon Tayles-Benoit - NS	W40 63	61, 65 (on chart)	82 (on chart)	147 (on chart)
Jodi Podolas - AB	W40 69	70, 73, 75	88, 90	163, 165
Karine Brouillard- QC	W40 90+	61	80	141
Lindsay, McCardle - ON	W35 69	67, 70	88, 91, 94	158, 161, 164
Beth Kostur - SK	W35 75	64, 67, 71	85	149, 152, 156
Jill Reid - SK	W35 90	62	80	142
Joanie Ouellet - QC	W30 63	59, 64	79	138, 143
Heather Dyke - NS	W30 69	71	88, 91, 93	159, 162, 164
Melanie Yip Woon Sun - QC	W30 90	58, 62, 65 (on chart)	78, 82 (on chart)	143, 147 (on chart)
Amy Caine - ON	W30 90	32 (established)	45 (established)	77 (established)

HOMMES

Athlete	Category	Sn/A	CJ/EJ	T
Terry Hadlow - MB	M60 85	91	112, 116	203, 207
Yves Carignan - QC	M65 62	54, 57	74	131
Glen Hutchinson - AB	M40 85	126	-	-
Maxime Huot -QC	M30 77	116	140	256

FÉLICITATIONS À L'ÉQUIPE QUÉBEC POUR GAGNER LE DÉFI CANADA CHALLENGE AVEC 3016,41 POINTS.

CONGRATULATIONS TO TEAM QUEBEC FOR WINNING THE DEFI CANADA CHALLENGE WITH 3016.41 POINTS.

IN SECOND PLACE WAS TEAM WEST WITH 2895.21 POINTS.

IN THIRD PLACE WAS TEAM ONTARIO WITH 2652.96 POINTS

TEAM EAST HAD ONLY 8 MEMBERS BUT STILL MANAGED 2024.07 POINTS

SPECIAL THANKS TO MARIO ROBITAILLE FOR THE TREMENDOUS JOB ORGANIZING THIS DATA.

Équipe Québec	Team West	Team Ontario
Sylvie Baillargeon	Jason Cain	Heather Amundred
Isabelle Boilard	Micahel Cartwright	Anita Farell
France Bouillard	Terry Hadlow	Thorin Gault
Claude Caoutte	Kat Horbatiuk	Stephan Hroupa
Yves Carignan	Glen Hutchinson	Joanne Jeffrey
Eric Chevrier	Melanie Johnson	James Johnson
Manon Croteau	Beth Kostur	Nicole Lee
Rosalie Laurin-Larouche	Jodi Podolas	Lindsay McCardle
Jocelyn Normand	Jill Reid	Kristin Parsons
Joanie Ouellet	Doug Sinclair	Albert Pilon
Marcel Perron	Amy Speed-Andrew	Terry Smith
Gilles Poirier	Dave Spur	Ian Webb

***LES MEILLEURS ATHLÈTES: DÉCERNÉ À
MARCEL PERRON ET ROSALIE LAURIN-LAROUCHE***

***BEST LIFTERS: AWARDED TO
MARCEL PERRON AND ROSALIE LAURIN-LAROUCHE***