

ARTICLE XVI CANADIAN MASTERS WEIGHTLIFTING CHAMPIONSHIP

- 16.01 The Canadian Masters Weightlifting Championship shall be held annually according to the “Guidelines/Protocol For Canadian Masters Weightlifting Championships” (2008.06.24), herein referred to as “Guidelines” in this Section.
- 16.02 The Guideline is periodically reviewed by the Board and includes, but not limited to, the following:
- bidding process; competition committee; preparation; competition personnel, and facility requirements.
- 16.03 Canadian Masters Record Policy and Masters Qualifying Totals, when required, are determined by the Board.
- 16.04 Members must complete the “Membership Anti-doping Waiver” as part of the registration for the Canadian Masters Weightlifting Championship and any national competition sanctioned by the Federation. In addition they must also complete a Board approved on-line anti-doping educational course prior to the Canadian Masters Weightlifting Championship.
- 16.05 Canadian Masters Records must be achieved with at least two (2) of the three (3) adjudicating referees of National Level or higher.
- 16.06 The Board may require athletes with limited or no competitive experience or training without the benefits of a registered club to complete a PAR-Q & YOU form of the Canadian Society for Exercise Physiology (or a similar one designed by the Board) as part of their registration to compete.
- 16.07 To encourage continued competition and recognize achievements of members above the age of 70 (seventy), the Federation recognizes additional age categories in five-year increments for both male and female athletes within Canada. Athletes within these categories are permitted to compete at the Canadian Masters Weightlifting Championships and to establish Canadian Masters Weightlifting Records.

ARTICLE XVII RULES AND REGULATIONS

17.01 Rules and Regulations

The rules and regulations of the Federation shall be those of the International Weightlifting Federation as amended by the IWF-MC where they are not in conflict with these By-laws.

17.02 Interim Rules and Regulations

The Board may make such rules and regulations not inconsistent with these By-laws or with law, relating to the management and operation of the Federation as they may deem expedient, provided that such rules and regulations shall have force and effect only until the next Annual Meeting when, unless they be confirmed by that meeting, they shall cease to have force and effect.

ARTICLE XVIII OMISSIONS AND ERRORS

- 18.01 The accidental omission to give any notice to any member, director, officer, member of a committee of the board or public accountant, or the non-receipt of any notice by any such person where the Board/Federation has provided notice in accordance with the by-laws or any error in any notice not affecting its substance shall not invalidate any action taken at any meeting to which the notice pertained or otherwise founded on such notice.

ARTICLE XIX FEDERATION SEAL

- 19.01 The Federation may have an official Seal in the form approved from time to time by the Executive. The President of the Federation shall be the custodian of the official Seal. This Seal shall be designated and referred to as the Seal of the Canadian Masters Weightlifting Federation. The Board shall decide which documents require the official Seal.