



**CANADIAN MASTERS WEIGHTLIFTING RECORDS – MEN'S**  
**Les records Canadiens Maîtres d'haltérophile – HOMMES**  
**November 1, 2019 / 1 novembre 2019**

**Age Group / Catégorie d'âge : 30-34****Snatch / Arraché**

<b>Wt. Class</b>	<b>Lifter Athlète</b>	<b>Prov.</b>	<b>Min/Actual</b>	<b>Date</b>	<b>Competition</b>	<b>City/Ville</b>
55			73			
61			80			
67			85			
73	Nicholas Brassard	QC	90/91kg	02/23/2019	Champ Masters du QC	Sherbrooke, QC
81	Maxime Huot	QC	95/121kg	02/23/2019	Champ Masters du QC	Sherbrooke, QC
89			99			
96	Cody Armstrong	ON	103/125kg	04/27/2019	CMWFHC Nationals	St. Thomas, ON
102			105			
109			107			
109+			116			

**Clean and Jerk / Épaulé-jeté**

<b>Wt. Class</b>	<b>Lifter Athlète</b>	<b>Prov.</b>	<b>Min/Actual</b>	<b>Date</b>	<b>Competition</b>	<b>City/Ville</b>
55			93			
61			100			
67			107			
73			112			
81	Maxime Huot	QC	119/141kg	02/23/2019	Champ Masters du QC	Sherbrooke, QC
89			124			
96	Cody Armstrong	ON	128/140kg	04/27/2019	CMWFHC Nationals	St. Thomas, ON
102			131			
109			134			
109+			144			

**Total**

<b>Wt. Class</b>	<b>Lifter Athlète</b>	<b>Prov.</b>	<b>Min/Actual</b>	<b>Date</b>	<b>Competition</b>	<b>City/Ville</b>
55			167			
61			180			
67			192			
73			202			
81	Maxime Huot	QC	214/262kg	02/23/2019	Champ Masters du QC	Sherbrooke, QC
89			223			
96	Cody Armstrong	ON	232/265	04/27/2019	CMWFHC Nationals	St. Thomas, ON
102			236			
109			241			
109+			260			

## Age Group / Catégorie d'âge : 35-39

### Snatch / Arraché

Wt. Class	Lifter Athlète	Prov.	Min/Actual	Date	Competition	City/Ville
55			69			
61			75			
67	Keith Leong	AB	80/95kg	08/29/2019	IWF Masters Worlds	Montreal, QC
73	Albert Pilon	ON	84/110 kg	08/29/2019	IWF Masters Worlds	Montreal, QC
81	Frank Longo	ON	89/125 kg	08/29/2019	IWF Masters Worlds	Montreal, QC
89	David Spur	MB	93/118 kg	08/29/2019	IWF Masters Worlds	Montreal, QC
96	Timothy Marando	ON	96/117 kg	04/27/2019	CMWFHC Nationals	St. Thomas, ON
102	Justin H. Spencer	ON	98/124 kg	08/29/2019	IWF Masters Worlds	Montreal, QC
109	Raf Korkowski	BC	100/135 kg	03/09/2019	BC Masters Champ	Vancouver, BC
109+	Gabriel Auclair	QC	108/138 kg	08/29/2019	IWF Masters Worlds	Montreal, QC

### Clean and Jerk / Épaulé-jeté

Wt. Class	Lifter Athlète	Prov.	Min/Actual	Date	Competition	City/Ville
55			87			
61			94			
67	Keith Leong	AB	100/116 kg	08/29/2019	IWF Masters Worlds	Montreal, QC
73	Albert Pilon	ON	105/130 kg	08/29/2019	IWF Masters Worlds	Montreal, QC
81	Frank Longo	ON	111/146 kg	08/29/2019	IWF Masters Worlds	Montreal, QC
89	David Spur	MB	116/155 kg	05/30/2019	Pan Am Masters	Orlando, USA
96	Adam Whittal	ON	120/141 kg	08/29/2019	IWF Masters Worlds	Montreal, QC
102	Justin H. Spencer	ON	122/155 kg	04/27/2019	CMWFHC Nationals	St. Thomas, ON
109	Raf Korkowski	BC	125/150 kg	03/09/2019	BC Masters Champ	Vancouver, BC
109+	Gabriel Auclair	QC	135/177 kg	08/29/2019	IWF Masters Worlds	Montreal, QC

### Total

Wt. Class	Lifter Athlète	Prov.	Min/Actual	Date	Competition	City/Ville
55			156			
61			169			
67	Keith Leong	AB	180/221 kg	08/29/2019	IWF Masters Worlds	Montreal, QC
73	Albert Pilon	ON	189/240 kg	08/29/2019	IWF Masters Worlds	Montreal, QC
81	Frank Longo	ON	200/271 kg	08/29/2019	IWF Masters Worlds	Montreal, QC
89	David Spur	MB	209/270 kg	05/30/2019	Pan Am Masters	Orlando, USA
96	Timothy Marando	ON	216/252 kg	04/27/2019	CMWFHC Nationals	St. Thomas, ON
102	Justin H. Spencer	ON	220/275 kg	04/27/2019	CMWFHC Nationals	St. Thomas, ON
109	Raf Korkowski	BC	225/285 kg	03/09/2019	BC Masters Champ	Vancouver, BC
109+	Gabriel Auclair	QC	243/315 kg	08/29/2019	IWF Masters Worlds	Montreal, QC

**Age Group / Catégorie d'âge : 40-44****Snatch / Arraché**

<b>Wt. Class</b>	<b>Lifter Athlète</b>	<b>Prov.</b>	<b>Min/Actual</b>	<b>Date</b>	<b>Competition</b>	<b>City/Ville</b>
55			66			
61	John Florento	ON	71/85kg	05/30/2019	Pan Am Masters	Orlando, USA
67	John Florento	ON	75/82kg	04/27/2019	CMWFHC Nationals	St. Thomas, ON
73			79			
81	Jason Cain	SK	84/113kg	10/05/2019	World Masters Cup	San Diego, USA
89	Glen Hutchinson	ON	88/115kg	08/29/2019	IWF Masters Worlds	Montreal, QC
96	Sacha Amede	QC	90/121kg	08/29/2019	IWF Masters Worlds	Montreal, QC
102	Mohan Sandu	ON	92/113kg	08/29/2019	IWF Masters Worlds	Montreal, QC
109			94			
109+	Akos Sandor	ON	102/132kg	08/29/2019	IWF Masters Worlds	Montreal, QC

**Clean and Jerk / Épaulé-jeté**

<b>Wt. Class</b>	<b>Lifter Athlète</b>	<b>Prov.</b>	<b>Min/Actual</b>	<b>Date</b>	<b>Competition</b>	<b>City/Ville</b>
55			82			
61	John Florento	ON	88/105kg	05/30/2019	Pan Am Masters	Orlando, USA
67	John Florento	ON	94/105kg	04/27/2019	CMWFHC Nationals	St. Thomas, ON
73			99			
81	Jason Cain	SK	105/140kg	08/29/2019	IWF Masters Worlds	Montreal, QC
89	Glen Hutchinson	ON	109/140kg	08/29/2019	IWF Masters Worlds	Montreal, QC
96	Sacha Amede	QC	113/150kg	08/29/2019	IWF Masters Worlds	Montreal, QC
102	Mohan Sandu	ON	116/137kg	04/27/2019	CMWFHC Nationals	St. Thomas, ON
109			118			
109+	Akos Sandor	ON	127/163kg	08/29/2019	IWF Masters Worlds	Montreal, QC

**Total**

<b>Wt. Class</b>	<b>Lifter Athlète</b>	<b>Prov.</b>	<b>Min/Actual</b>	<b>Date</b>	<b>Competition</b>	<b>City/Ville</b>
55			148			
61	John Florento	ON	159/188kg	05/30/2019	Pan Am Masters	Orlando, USA
67	John Florento	ON	169/187kg	04/27/2019	CMWFHC Nationals	St. Thomas, ON
73			178			
81	Jason Cain	SK	189/253kg	10/05/2019	Worlds Masters Cup	San Diego, USA
89	Glen Hutchinson	ON	197/255 kg	08/29/2019	IWF Masters Worlds	Montreal, QC
96	Sacha Amede	QC	203/271kg	08/29/2019	IWF Masters Worlds	Montreal, QC
102	Mohan Sandu	ON	208/246kg	04/27/2019	CMWFHC Nationals	St. Thomas, ON
109			212			
109+	Akos Sandor	ON	229/295kg	08/29/2019	IWF Masters Worlds	Montreal, QC

**Age Group / Catégorie d'âge : 45-49****Snatch / Arraché**

<b>Wt. Class</b>	<b>Lifter Athlète</b>	<b>Prov.</b>	<b>Min/Actual</b>	<b>Date</b>	<b>Competition</b>	<b>City/Ville</b>
55			62			
61	David Petit	QC	67/72kg	08/29/2019	IWF Masters Worlds	Montreal, QC
67			71			
73	Larry Robinson	ON	75/80kg	04/27/2019	CMWFHC Nationals	St. Thomas, ON
81	Rumen Stoianov	ON	80/113kg	08/29/2019	IWF Masters Worlds	Montreal, QC
89	Thomas Seniuk	ON	83/116kg	05/30/2019	Pan Am Masters	Orlando, USA
96	David Adams	NL	86/112kg	04/27/2019	CMWFHC Nationals	St. Thomas, ON
102	Eric Chevrier	QC	88/118kg	08/29/2019	IWF Masters Worlds	Montreal, QC
109			90			
109+			97			

**Clean and Jerk / Épaulé-jeté**

<b>Wt. Class</b>	<b>Lifter Athlète</b>	<b>Prov.</b>	<b>Min/Actual</b>	<b>Date</b>	<b>Competition</b>	<b>City/Ville</b>
55			78			
61	David Petit	QC	84/91kg	08/29/2019	IWF Masters Worlds	Montreal, QC
67			89			
73	Larry Robinson	ON	94/108kg	04/27/2019	CMWFHC Nationals	St. Thomas, ON
81	Rumen Stoianov	ON	99/135kg	08/29/2019	IWF Masters Worlds	Montreal, QC
89	Thomas Seniuk	ON	104/137kg	05/30/2019	Pan Am Masters	Orlando, USA
96	David Adams	NL	107/140kg	02/02/2019	NB Provincials	Moncton, NB
102	Eric Chevrier	QC	110/150kg	08/29/2019	IWF Masters Worlds	Montreal, QC
109			112			
109+			121			

**Total**

<b>Wt. Class</b>	<b>Lifter Athlète</b>	<b>Prov.</b>	<b>Min/Actual</b>	<b>Date</b>	<b>Competition</b>	<b>City/Ville</b>
55			140			
61	David Petit	QC	151/163kg	08/29/2019	IWF Masters Worlds	Montreal, QC
67			160			
73	Larry Robinson	ON	169/188kg	04/27/2019	CMWFHC Nationals	St. Thomas, ON
81	Rumen Stoianov	ON	179/248kg	08/29/2019	IWF Masters Worlds	Montreal, QC
89	Thomas Seniuk	ON	187/253kg	05/30/2019	Pan Am Masters	Orlando, USA
96	David Adams	NL	193/250kg	02/02/2019	NB Provincials	Moncton, NB
102	Eric Chevrier	QC	198/268kg	08/29/2019	IWF Masters Worlds	Montreal, QC
109			202			
109+			218			

## Age Group / Catégorie d'âge : 50-54

### Snatch / Arraché

Wt. Class	Lifter Athlète	Prov.	Min/Actual	Date	Competition	City/Ville
55			60			
61			65			
67	Mario Robitaille	QC	69/72kg	08/29/2019	IWF Masters Worlds	Montreal, QC
73	Chris Suda	BC	72/80kg	03/09/2019	BC Masters Champ	Vancouver, BC
81	Dave Dessureault	ON	76/87kg	05/30/2019	Pan Am Masters	Orlando, USA
89	Jamie Crane	ON	80/80kg	04/27/2019	CMWFHC Nationals	St. Thomas, ON
96	Chris Crotty	NL	83/88kg	08/29/2019	IWF Masters Worlds	Montreal, QC
102	Martin Walt	ON	85/95kg	05/30/2019	Pan Am Masters	Orlando, USA
109			86			
109+			93			

### Clean and Jerk / Épaulé-jeté

Wt. Class	Lifter Athlète	Prov.	Min/Actual	Date	Competition	City/Ville
55			75			
61			81			
67	Mario Robitaille	QC	86/95kg	08/29/2019	IWF Masters Worlds	Montreal, QC
73	Chris Suda	BC	90/95kg	03/09/2019	BC Masters Champ	Vancouver, BC
81	Travis Ready	BC	96/109kg	03/09/2019	BC Masters Champ	Vancouver, BC
89	Jaimie Crane	ON	100/101kg	04/27/2019	CMWFHC Nationals	St. Thomas, ON
96	Chris Crotty	NL	103/115kg	05/30/2019	Pan Am Masters	Orlando, USA
102	Martin Walt	ON	106/116kg	05/30/2019	Pan Am Masters	Orlando, USA
109			108			
109+			116			

### Total

Wt. Class	Lifter Athlète	Prov.	Min/Actual	Date	Competition	City/Ville
55			135			
61			146			
67	Mario Robitaille	QC	155/167kg	08/29/2019	IWF Masters Worlds	Montreal, QC
73	Chris Suda	BC	162/175kg	03/09/2019	BC Masters Champ	Vancouver, BC
81	Travis Ready	BC	172/195kg	03/09/2019	BC Masters Champ	Vancouver, BC
89	Jaimie Crane	ON	180/190kg	04/27/2019	CMWFHC Nationals	St. Thomas, ON
96	Chris Crotty	NL	186/198kg	08/29/2019	IWF Masters Worlds	Montreal, QC
102	Martin Walt	ON	191/211kg	05/30/2019	Pan Am Masters	Orlando, USA
109			194			
109+			209			

## Age Group / Catégorie d'âge : 55-59

<b>Snatch / Arraché</b>						
<b>Wt. Class</b>	<b>Lifter Athlète</b>	<b>Prov.</b>	<b>Min/Actual</b>	<b>Date</b>	<b>Competition</b>	<b>City/Ville</b>
55			55			
61	Behzad Allahyari	QC	59/70kg	08/29/2019	IWF Masters Worlds	Montreal, QC
67	Behzad Allahyari	QC	63/70kg	02/23/2019	Champ Masters du QC	Sherbrooke, QC
73	Jocelyn Vachon	QC	67/70kg	08/29/2019	IWF Masters Worlds	Montreal, QC
81	Ray Bissonette	MB	70/84kg	08/29/2019	IWF Masters Worlds	Montreal, QC
89	Guy Greavette	BC	74/88kg	03/09/2019	BC Masters Champ	Vancouver, BC
96	Jocelyn Normand	QC	76/93kg	08/29/2019	IWF Masters Worlds	Montreal, QC
102			78			
109	Tim Sanderson	ON	79/79kg	05/30/2019	Pan Am Masters	Orlando, USA
109+	Clive Smith	AB	80/105kg	08/29/2019	IWF Masters Worlds	Montreal, QC

<b>Clean and Jerk / Épaulé-jeté</b>						
<b>Wt. Class</b>	<b>Lifter Athlète</b>	<b>Prov.</b>	<b>Min/Actual</b>	<b>Date</b>	<b>Competition</b>	<b>City/Ville</b>
55			69			
61	Behzad Allahyari	QC	74/80	08/29/2019	IWF Masters Worlds	Montreal, QC
67	Behzad Allahyari	QC	79/80kgkg	02/23/2019	Champ Masters du QC	Sherbrooke, QC
73	Jocelyn Vachon	QC	83/92kg	08/29/2019	IWF Masters Worlds	Montreal, QC
81	Ray Bissonette	MB	88/103kg	08/29/2019	IWF Masters Worlds	Montreal, QC
89	Ian Lawson	ON	92/113kg	04/27/2019	CMWFHC Nationals	St. Thomas, ON
96	Jocelyn Normand	QC	95/120kg	02/23/2019	Champ Masters du QC	Sherbrooke, QC
102			97			
109	Tim Sanderson	ON	99/107kg	04/27/2019	CMWFHC Nationals	St. Thomas, ON
109+	Clive Smith	AB	107/116kg	02/09/2019	Gordon Kay Masters	Edmonton, AB

<b>Total</b>						
<b>Wt. Class</b>	<b>Lifter Athlète</b>	<b>Prov.</b>	<b>Min/Actual</b>	<b>Date</b>	<b>Competition</b>	<b>City/Ville</b>
55			124			
61	Behzad Allahyari	QC	133/150kg	08/29/2019	IWF Masters Worlds	Montreal, QC
67	Behzad Allahyari	QC	142/150kg	02/23/2019	Champ Masters du QC	Sherbrooke, QC
73	Jocelyn Vachon	QC	150/162kg	08/29/2019	IWF Masters Worlds	Montreal, QC
81	Ray Bissonette	MB	158/187kg	08/29/2019	IWF Masters Worlds	Montreal, QC
89	Gilles Poirier	QC	166/207kg	08/29/2019	IWF Masters Worlds	Montreal, QC
96	Jocelyn Normand	QC	171/213kg	08/29/2019	IWF Masters Worlds	Montreal, QC
102			175			
109	Tim Sanderson	ON	178/154kg	04/27/2019	CMWFHC Nationals	St. Thomas, ON
109+	Clive Smith	AB	193/221kg	08/29/2019	IWF Masters Worlds	Montreal, QC

## Age Group / Catégorie d'âge : 60-64

### Snatch / Arraché

Wt. Class	Lifter Athlète	Prov.	Min/Actual	Date	Competition	City/Ville
55			49			
61			53			
67			57			
73	Michel Pietracupa	QC	60/73kg	10/05/2019	Masters World Cup	San Diego, USA
81	Mike Cartwright	BC	63/95kg	03/09/2019	BC Masters Champ	Vancouver, BC
89	Terry Hadlow	MB	66/76kg	05/30/2019	Pan Am Masters	Orlando, USA
96			68			
102	Ayman Mazar	ON	70/76kg	04/27/2019	CMWFHC Nationals	St. Thomas, ON
109			71			
109+			77			

### Clean and Jerk / Épaulé-jeté

Wt. Class	Lifter Athlète	Prov.	Min/Actual	Date	Competition	City/Ville
55			62			
61	Stepan Hroupa	ON	66/67kg	10/05/2019	Masters World Cup	San Diego, USA
67	Stepan Hroupa	ON	71/72kg	02/30/2109	ON Masters Open	St. Thomas, ON
73	Michel Pietracupa	QC	74/95kg	04/27/2109	CMWFHC Nationals	St. Thomas, ON
81	Mike Cartwright	BC	79/112kg	03/09/2019	BC Masters Champ	Vancouver, BC
89	Terry Hadlow	MB	82/122kg	08/29/2019	IWF Masters Worlds	Montreal, ON
96			85			
102	Ayman Mazar	ON	87/100kg	02/23/2019	ON Masters Open	St. Thomas, ON
109			89			
109+			96			

### Total

Wt. Class	Lifter Athlète	Prov.	Min/Actual	Date	Competition	City/Ville
55			111			
61			119			
67			128			
73	Michel Pietracupa	QC	134/167kg	04/27/2109	CMWFHC Nationals	St. Thomas, ON
81	Mike Cartwright	BC	142/207kg	03/09/2019	BC Masters Champ	Vancouver, BC
89	Terry Hadlow	MB	148/210kg	08/29/2019	IWF Masters Worlds	Montreal, ON
96			153			
102	Ayman Mazar	ON	157/176kg	04/27/2109	CMWFHC Nationals	St. Thomas, ON
109			160			
109+			173			



**Age Group / Catégorie d'âge : 65-69****Snatch / Arraché**

<b>Wt. Class</b>	<b>Lifter Athlète</b>	<b>Prov.</b>	<b>Min/Actual</b>	<b>Date</b>	<b>Competition</b>	<b>City/Ville</b>
55			46			
61			49			
67	Yves Carrignan	QC	52/62kg	05/30/2019	Pan Am Masters	Orlando, USA
73			55			
81			58			
89			61			
96			63			
102			64			
109			66			
109+			71			

**Clean and Jerk / Épaulé-jeté**

<b>Wt. Class</b>	<b>Lifter Athlète</b>	<b>Prov.</b>	<b>Min/Actual</b>	<b>Date</b>	<b>Competition</b>	<b>City/Ville</b>
55			57			
61			61			
67	Yves Carrignan	QC	65/82kg	04/27/2019	CMWFHC Nationals	St. Thomas, ON
73	David Mahoney	AB	69/70kg	04/27/2019	CMWFHC Nationals	St. Thomas, ON
81			73			
89			76			
96	Owen Duguay	QC	78/83kg	02/23/2019	Champ Masters du QC	Sherbrooke, QC
102			80			
109			82			
109+			88			

**Total**

<b>Wt. Class</b>	<b>Lifter Athlète</b>	<b>Prov.</b>	<b>Min/Actual</b>	<b>Date</b>	<b>Competition</b>	<b>City/Ville</b>
55			103			
61			110			
67	Yves Carrignan	QC	117/143kg	04/27/2019	CMWFHC Nationals	St. Thomas, ON
73			124			
81			131			
89			137			
96			141			
102			144			
109			148			
109+			159			

**Age Group / Catégorie d'âge : 70-74****Snatch / Arraché**

<b>Wt. Class</b>	<b>Lifter Athlète</b>	<b>Prov.</b>	<b>Min/Actual</b>	<b>Date</b>	<b>Competition</b>	<b>City/Ville</b>
55			39			
61			42			
67	Ken Miller	ON	44/48kg	04/27/2019	CMWFHC Nationals	St. Thomas, ON
73	Yvon Matte	QC	46/46kg	08/29/2019	IWF Masters Worlds	Montreal, QC
81			49			
89			51			
96			53			
102	Iain Douglas	ON	54/60kg	02/23/2019	ON Masters Open	St. Thomas, ON
109			56			
109+			60			

**Clean and Jerk / Épaulé-jeté**

<b>Wt. Class</b>	<b>Lifter Athlète</b>	<b>Prov.</b>	<b>Min/Actual</b>	<b>Date</b>	<b>Competition</b>	<b>City/Ville</b>
55			48			
61			52			
67	Ken Miller	ON	55/65kg	05/30/2019	Pan Am Masters	Orlando, USA
73	Yvon Matte	QC	58/64kg	08/29/2019	IWF Masters Worlds	Montreal, QC
81			61			
89			64			
96			66			
102	Iain Douglas	ON	68/72kg	02/23/2019	ON Masters Open	St. Thomas, ON
109			69			
109+			75			

**Total**

<b>Wt. Class</b>	<b>Lifter Athlète</b>	<b>Prov.</b>	<b>Min/Actual</b>	<b>Date</b>	<b>Competition</b>	<b>City/Ville</b>
55			87			
61			94			
67	Ken Miller	ON	99/113kg	05/30/2019	Pan Am Masters	Orlando, USA
73	Yvon Matte	QC	104/110kg	08/29/2019	IWF Masters Worlds	Montreal, QC
81			110			
89			115			
96			119			
102	Iain Douglas	ON	122/130kg	02/23/2019	ON Masters Open	St. Thomas, ON
109			125			
109+			135			

**Age Group / Catégorie d'âge : 75-79**

**Snatch / Arraché**

<b>Wt. Class</b>	<b>Lifter Athlète</b>	<b>Prov.</b>	<b>Min/Actual</b>	<b>Date</b>	<b>Competition</b>	<b>City/Ville</b>
55			35			
61			37			
67			40			
73			42			
81	Doug Sinclair	MB	44/58kg	08/29/2019	IWF Masters Worlds	Montreal, QC
89			46			
96			48			
102			49			
109			50			
109+			54			

**Clean and Jerk / Épaulé-jeté**

<b>Wt. Class</b>	<b>Lifter Athlète</b>	<b>Prov.</b>	<b>Min/Actual</b>	<b>Date</b>	<b>Competition</b>	<b>City/Ville</b>
55			43			
61			47			
67			50			
73			52			
81	Doug Sinclair	MB	55/78kg	05/30/2019	Pan Am Masters	Orlando, USA
89			58			
96			60			
102			61			
109			63			
109+			67			

**Total**

<b>Wt. Class</b>	<b>Lifter Athlète</b>	<b>Prov.</b>	<b>Min/Actual</b>	<b>Date</b>	<b>Competition</b>	<b>City/Ville</b>
55			78			
61			84			
67			90			
73			94			
81	Doug Sinclair	MB	99/131kg	08/29/2019	IWF Masters Worlds	Montreal, QC
89			104			
96			108			
102			110			
109			113			
109+			121			

**Age Group / Catégorie d'âge : 80-84 (under 25 kg, clip collars used)**

**Snatch / Arraché**

<b>Wt. Class</b>	<b>Lifter Athlète</b>	<b>Prov.</b>	<b>Min/Actual</b>	<b>Date</b>	<b>Competition</b>	<b>City/Ville</b>
55			25			
61			28			
67			32			
73	Marcel Perron	QC	34/54kg	08/29/2019	IWF Masters Worlds	Montreal, QC
81			36			
89			37			
96			38			
102			39			
109			40			
109+			43			

**Clean and Jerk / Épaulé-jeté**

<b>Wt. Class</b>	<b>Lifter Athlète</b>	<b>Prov.</b>	<b>Min/Actual</b>	<b>Date</b>	<b>Competition</b>	<b>City/Ville</b>
55			35			
61			38			
67			40			
73	Marcel Perron	QC	42/67kg	04/27/2019	CMWHC Nationals	St. Thomas, ON
81			45			
89			47			
96			48			
102			49			
109			50			
109+			54			

**Total**

<b>Wt. Class</b>	<b>Lifter Athlète</b>	<b>Prov.</b>	<b>Min/Actual</b>	<b>Date</b>	<b>Competition</b>	<b>City/Ville</b>
55			60			
61			66			
67			72			
73	Marcel Perron	QC	76/120kg	04/27/2019	CMWFHC Nationals	St. Thomas, ON
81			81			
89			84			
96			86			
102			88			
109			90			
109+			97			

**Age Group / Catégorie d'âge : 85-89 (under 25 kg, clip collars used)**

**Snatch / Arraché**

<b>Wt. Class</b>	<b>Lifter Athlète</b>	<b>Prov.</b>	<b>Min/Actual</b>	<b>Date</b>	<b>Competition</b>	<b>City/Ville</b>
55			25			
61			28			
67			32			
73			34			
81			36			
89			37			
96			38			
102			39			
109			40			
109+			43			

**Clean and Jerk / Épaulé-jeté**

<b>Wt. Class</b>	<b>Lifter Athlète</b>	<b>Prov.</b>	<b>Min/Actual</b>	<b>Date</b>	<b>Competition</b>	<b>City/Ville</b>
55			35			
61			38			
67			40			
73			42			
81			45			
89			47			
96			48			
102			49			
109			50			
109+			54			

**Total**

<b>Wt. Class</b>	<b>Lifter Athlète</b>	<b>Prov.</b>	<b>Min/Actual</b>	<b>Date</b>	<b>Competition</b>	<b>City/Ville</b>
55			60			
61			66			
67			72			
73			76			
81			81			
89			84			
96			86			
102			88			
109			90			
109+			97			