

**17th International Women  
Weightlifting Grand Prix  
28th - 31th May 2020**



**Centre Sportif  
Annexe Alliance**

**Düdelingen - Luxembourg**



**Preliminary Entry: March, 25<sup>th</sup>, 2020**

**Final Entry: April, 28<sup>th</sup>, 2020**

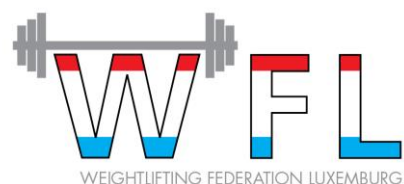
**Organizer:**

**De Klengen Stemmverein Diddeleng - Luxembourg**

Info: Konrad Högg: [women.weightlifting.grandprix@gmail.com](mailto:women.weightlifting.grandprix@gmail.com)

Mobil: 0043 – 660 – 36 35 156

**Bank Account: IBAN AT26 5500 0119 0002 7363, BIC: SLHY AT 2S**



# 17<sup>th</sup> International Women's Weightlifting Grand Prix

Konrad Högg – Head of Organizing Committee,  
Lanserhofstraße 32, Top 4  
A-5020 Salzburg, Phone: 0043-660-3635156,  
E-mail: [women.weightlifting.grandprix@gmail.com](mailto:women.weightlifting.grandprix@gmail.com)

Invitation to the 17<sup>th</sup> International Women's Grand Prix, 13<sup>th</sup> International Girls' Grand Prix, 11<sup>th</sup> International Kids' Grand Prix, 9<sup>th</sup> International Masters' Grand Prix and 5<sup>th</sup> International Open Class – unsanctioned – Weightlifting Grand Prix from May 28<sup>th</sup> – 31<sup>th</sup>, 2020, in Düdelingen/Dudelange – Luxemburg.

## Important information:

1.) Room reservations for the Hotel's in Düdelingen/Dudelange can be made not later than March, 25<sup>th</sup> 2020. They have to be finalized not later than April, 28<sup>th</sup> 2020 using the Final Entry Form. For information on how to pay for accommodation see section "Accommodation" below.

2.) The technical meeting will be held on 28<sup>th</sup> May 2020, around 7 pm; the meeting venue will be published in time. – The competition will be held at Centre Sportif Annexe Alliance, Rue Reiteschkopp, L-3526 Dudelange/Düdelingen 29<sup>th</sup> – 30<sup>th</sup> May 2020.

3.) Registration is done by the Preliminary Entry Form. It has to be sent by mail or e-mail not later than March, 25<sup>th</sup>, 2020. Change in Team Line-ups can be made not later than April 28<sup>th</sup>, 2020. The Final entry Form has to be sent by mail or E-Mail not later than April 28<sup>th</sup>, 2020. Entries made after that will be charged the double fee.

4.) After the competition on Saturday, May 30<sup>th</sup>, 2020, the Grand Prix Party with Dinner will take place around 8 pm. The victory ceremonies for the winning teams, the three best overall Sinclair lifters, the best U-20, U-17, U-15, Masters and Open Class athletes will be held at the party.

Yours sincerely,

Konrad Högg – Head of the Organizing Committee  
Claude Tritz – President of the Club De Klengen Stemmverein Diddeleng



# 17<sup>th</sup> International Women's Weightlifting Grand Prix

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Phone: 0043-660-36 35 156,  
E-mail: [women.weightlifting.grandprix@gmail.com](mailto:women.weightlifting.grandprix@gmail.com)

Salzburg – Düdelingen, September 2019

## Invitation: International Women's - Kids, Girls, Seniors, Masters and Open Class unsanctioned - Weightlifting Grand Prix - 2020

- Organizer: De Klengen Stemmverein Diddeleng - Luxemburg  
Konrad Högg - Head of the Organizing Committee  
Claude Tritz – President of the Club
- Date: 28<sup>th</sup> - 31<sup>th</sup> May 2020
- Venue: Centre Sportif Annexe Alliance, Rue Reiteschkopp, L-3526 Dudelange/Düdelingen.
- Weigh-in and start times: The final schedule will be published when final entry is complete.
- Admission: All athletes with a valid licence entered by clubs/federations using the enclosed form
- Competition specifications: Women's Grand Prix:  
Athletes born 2005 or earlier (15 years and older)!
- Scoring by Olympic total in ten weight categories:  
**45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg, 87 kg & +87 kg**
- Girls' Grand Prix: (13 – 14 years)  
Athletes born 2006 - 2007  
Scoring by Sinclair points
- Kids' Grand Prix: (8 – 12 years)  
Athletes born 2008 – 2012  
Scoring by Sinclair points.
- Masters' Grand Prix:  
35 – 39 years, 40 – 44 years, 45 – 49 years, 50 – 54 years and + 55 years, scoring by SHMF (Sinclair-Huebner-Meltzer-Faber) points.

### Open Class - unsanctioned:

The Open Class is open to athletes who do not hold a membership with their governing national weightlifting body, i.e. USAW, BVDG and the like. Athletes compete in the snatch and the clean and jerk using the International Weightlifting Federation (IWF) Technical and Competition Rules & Regulations (TCRR). Athletes currently suspended for violations of anti-doping regulations in any sport are not eligible to compete at the Women Grand Prix.

Scoring by Olympic total in ten weight categories:

**45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg, 87 kg & +87 kg**

If the number of competitors in one weight category is too small one winner for two or more categories will be determined using Sinclair points.

Team scoring: Four athletes from one club, federal state or country, scoring on Sinclair points.

Premiums/prizes:

#### Women's Grand Prix:

The first three athletes of each weight category will be awarded gifts. All participants will receive certificates. The three best participants overall according to Sinclair points will be awarded trophies and prize money. The best overall athletes of the U-20, U-17 and U-15 Masters & Open Class will also receive trophies. The best three teams will receive special gifts.

#### Girls' Grand Prix:

The first three athletes overall according to Sinclair points will be awarded gifts. All participants will receive certificates.

#### Kids' Grand Prix:

The first three athletes overall according to points will be awarded gifts. All participants will receive certificates.

#### Masters' Grand Prix:

The first three athletes overall according to SHMF (Sinclair-Huebner-Meltzer-Faber) points will be awarded prizes. All participants will receive certificates.

#### Open Class – unsanctioned:

The first three athletes of each weight category will be awarded gifts. All participants will receive certificates.



Accreditation: Entry fees:  
Kids & Girls (born 2006 – 2012): 55 Euro  
  
Seniors – Masters - Open Class – coaches – team leaders: 70 Euro  
  
Accreditation of referees is free of charge.

**The due amount has to be paid to the bank account mentioned below not later than April, 28<sup>th</sup>, 2020 which is also the Final Entry date.**

Account holder: Konrad Högg  
Bank adress: Vogelweiderstrasse, A-5020 Salzburg  
Bank: Hypo Bank Salzburg  
IBAN: AT26 5500 0119 0002 7363  
BIC: SLHYAT2S

Entry after 28<sup>th</sup> April 2020: The entry fee for entering an athlete later than April, 28th, 2020 is 110 Euros for Kids & Girls and 140 Euro for Seniors/Masters/Open Class/Coaches/Team leaders.

Accommodation: Hotel fees if a 50 % deposit is paid not later than March, 25<sup>th</sup>, 2020 and the remaining 50% are paid not later than April, 28<sup>th</sup> 2020:

**All prices with breakfast .**

Single Room: 81 Euro  
Double Room: 92 Euro for two person

Account Name: Konrad Högg  
Adresse der Bank: Vogelweiderstrasse  
Bank Name: Hypo Bank Salzburg  
BIC: **SL HYAT 2S**  
IBAN: **AT26 5500 0119 0002 7363**

Further Information: Transfer between the Airport Luxemburg on request.

The “After Competition Party” for athletes, coaches and officials holding an accreditation. Guest welcome.

Preliminary entry date: 25<sup>th</sup> March 2020 (date of postage stamp or e-mail!)

Final entry date: 28<sup>th</sup> April 2020 (date of postage stamp or e-mail!)

Registration: By mail to:  
Konrad Högg,  
E-mail: [women.weightlifting.grandprix@gmail.com](mailto:women.weightlifting.grandprix@gmail.com)

Entry forms are to be completed by the club/federation and entry fees have to be paid. The clubs/federations are responsible for their entries.

Doping test: Doping tests can occur at the competition. The selected athletes will be informed immediately after the end of their group's competition. If an athlete fails to appear at the testing commission in time, this will be regarded as a positive test including the corresponding sanctions.

**In the case of a positive drug test the participant will be personally liable for the incurred costs!!!!**

Other information: Participation in the competition is at each lifter's own risk. The administrative and technical rules of the IWF will be applied.

Visas: All participants must check if a visa is required for their entry to Luxemburg. Should visa be required, participants will have to apply for the visa in the Luxemburg Embassy/ Consulate in their home country. If assistance is needed, please contact the Organizers.

Accommodation: Please book by contacting Konrad Högg,  
e-mail: [women.weightlifting.grandprix@gmail.com](mailto:women.weightlifting.grandprix@gmail.com)  
not later than 25<sup>th</sup> March 2020  
Changes can only be made before  
28<sup>th</sup> April 2020.

Signed:

Konrad Högg – Head of the Organizing Committee  
Claude Tritz – President of the Club De Klengen Stemmverein Diddeleng

## Information :

1st place – 3<sup>rd</sup> place based on Sinclair points receive prize money

## Provisionary schedule:

**Thursday May, 28<sup>th</sup>, 2020**

Arrival of Delegations

7pm: Technical meeting

**Friday, May, 29<sup>th</sup>, 2020**

Competition : Masters, Open Class & Senior

**Saturday, May, 30<sup>th</sup>. 2020**

Competition: Kids – Girls – Open Class & Senior

Grand Prix Party

**Sunday, May, 31<sup>th</sup>, 2020**

Departure of Delegations

