

CMWFHCM

2021 Annual General Meeting Minutes

The President called the meeting to order at 1:10 pm and extended his thanks to Greg Doucette for moderating this zoom meeting and to all those who were able to participate.

The President introduced members of the Board present as well as members of the Advisory Committee.

The President gave the following summary of the Annual Report

PRESIDENT'S SUMMARY OF THE ANNUAL REPORT

When I became President, I quickly noted four areas that required my attention. I use these four areas as categories in my Presidents Annual Report. Governance, Communications, Membership Encouragement, and Competitions.

In order to be a viable sports organization, we can no longer expect a few people to govern with little input from their members. A strong governance model requires the utilization of many individuals who are prepared to volunteer their expertise and talents. Throughout my annual report, you will see the efforts of our Executive, Secretaries and Directors. Our Federation will continue to move ahead with the impetus of a group of dedicated master weightlifters. With this strong Federation, I can enter serious discussions with the CWFHC and pursue a culminating goal of being acknowledged within their bylaws.

With this good governance, our Federation can maintain its strength when we focus on the next three areas.

- Ensuring regular and accurate information to its members using many social network platforms and personal emails;
- Encouraging our members by recognizing their achievements with appropriate certificates, awards, and special articles;
- Providing our members with access to competitions above the provincial level and thereby, implementing the CWFHC LTAD at the Masters Level. Included in this endeavour, is the enhancing of the role of the National Chair in order to provide stability for continued participation in international competitions.

Within this year's Annual Report, you will find an assessment of our FINANCIAL STATUS, a breakdown of our MEMBERSHIP STATISTICS, our activities in the area of RECORDS, both in person and virtual, an updated list of our 34 HALL OF FAME members, half of who are current members.

At this point I would like to say a special thanks to one of our Secretaries upon her retirement.

In 2015 when I first got involved with the Canadian Masters organizational structure, it was as the Records Secretary which at that time was part of the Membership Secretary duties. Judy Quinn performed both functions for five years and as Membership Secretary, for two decades.

Judy had put a lot of heart and soul into tidying up the record charts, the record application and the record certificates, which made my transition into that role so much easier. As President, Judy came to my help with sending out my communiques, helping me discern the status of our members for international competition requirements and providing a good ear for when I needed someone to talk to.

Judy has an entertaining and quirky sense of humor but her advice was always sound.

Today I bid Judy farewell to her role as Membership Secretary and extend on behalf of our Federation our sincerest appreciation for her contribution to the Canadian Masters Weightlifting Federation.

Continuing with the Annual Report, there are two remaining items of importance.

Firstly, the Bylaw, which when we approve under today's omnibus motion, will finalize the hard work that began with Ken Miller and the founding group of Masters over 3 decades ago, the amendments I worked on with Mike Menard five years ago, and culminating with recent improvements made collaborating with of David Rosati, our Director of Policy and Procedure.

If you were to ask me what **the most important changes to our current bylaws** are, I would say;

- It reflects our incorporation status with the government of Canada
- Although we still elect or Executive Officers and two board members, it is the Board itself that must appoint the Executive Officers. That duty of the Board does two things; it respects the decision of the members and it meets the requirements of the government of Canada;
- Our Board members and Advisory Committee members are protected from liability and are indemnified while carrying out their responsibilities.

The last item is no longer a secret. This is the awarding of the 2021 Lifetime Achievement Award to Jill Miller, formerly of Collingwood Ontario and now a proud resident of Shediac, New Brunswick. I tried to capture as much as I could about Jill from personal experience as well as some delving into our Federation history. My article outlines all the admirable characteristics that made Jill a most obvious choice. I had no hesitation whatsoever, endorsing the panel's selection. Congratulations Jill Miller.

ARE THERE ANY QUESTIONS FROM ANY PART OF THE ANNUAL REPORT?

The only question raised was concerning para weightlifting and its present status. The President indicated that it would be up to each province, in consultation with the CWFHC, any policies, rules and regulations concerning para weightlifting as a program with the Canadian Weightlifting programs. The proposed policy will only refer to the Canadian Masters Weightlifting Championships and would be revised if necessary, when a CWFHC policy is released.

The President also made it clear that the proposed Gender Diversity and Inclusion Policy also only refers to the Canadian Masters Weightlifting Championships and would be revised if necessary, when a CWFHC policy is released.

=====

Seeing that there has been no objection prior to April 16th, and no objections this afternoon, “the items contained in the **omnibus motion** of 2021 AGM have been received and will be considered adopted by unanimous consent of the members present.”

Other Business

The President asked Greg Doucette, Competition Director for the 2022 Canadian Masters Weightlifting Championships in Moncton, New Brunswick. Greg is pleased with the progress his committee is making, particularly with the generous support of Bulletproof Inc. Greg also shared a few items, like the wine tasting tours and other tourist attractions of the Moncton and surrounding area.

The President shared his concerns about the increasing lockdowns, particularly in Alberta, Manitoba and Ontario and its effects on World Masters Athletes, who cannot compete, but still desire to be included in the Canadian Masters Weightlifting Championships. He is working with the Competition Director in trying to find some possible solutions.

The President also announced the appointment of Scott Glass, from Saskatchewan, as our Federation’s Para Weightlifting Advisor.

The President concluded with a note that although we are an independent weightlifting Federation for Masters in Canada, this is not to be interpreted that we do not wish to be more closely aligned with the CWF. Greg Doucette and David Rosatti, our CWFHC liaisons and the President are in dialogue with the CWF president Craig Walker to find ways of further strengthening the bonds between our two Federations.

Closing

On a motion by Ken Miller to adjourn, the meeting concluded at 1:45 p.m. EDT.