



CANADIAN MASTERS PARA WEIGHTLIFTING RECORDS

Regulations and Requirements

1. Canadian Masters Para Weightlifting Records are contested in the following categories.

PW1: Athletes who are deaf, deafened, or hard of hearing
PW2: Athletes with visual impairment
PW3: Athletes with intellectual impairment
PW4: Athletes with limb deficiencies– no prothesis
PW5: Athletes with limb deficiencies – with prothesis
PW6: Athletes with limited range of motion or joint instability
PW7: Athletes competing with the use of a wheelchair
PW:8 Athletes of Short Stature
2. Para Weightlifting Records are only recognized if successfully completed at a Provincial Masters or Canadian Masters Championships.
3. Para Weightlifting Records will be recognized on the Canadian Masters Weightlifting Federation's website and Record Certificates will be issued.